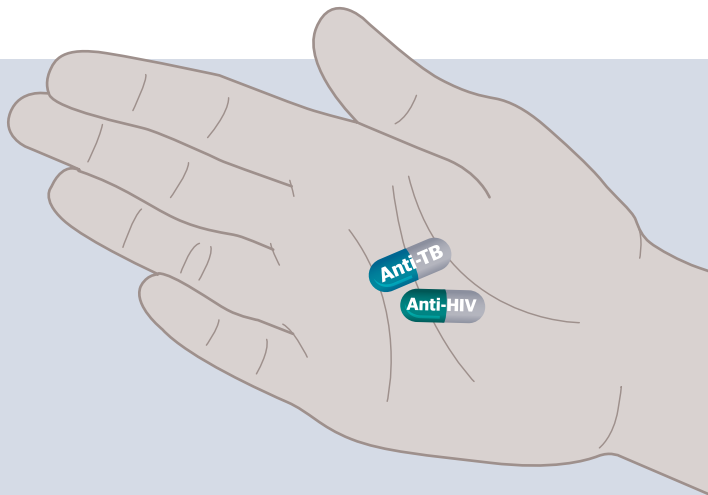


The basics

Treatment for TB and HIV

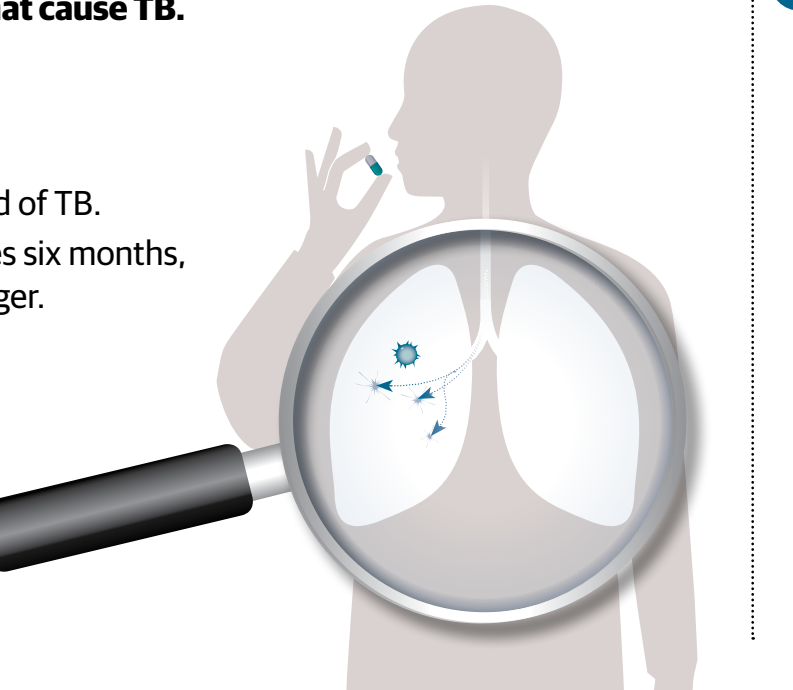


If tuberculosis (TB) is making you ill and you also have HIV, then you usually need to take treatment for both TB and HIV.

1 With TB treatment, you can get rid of the bacteria that cause TB.

Anti-TB

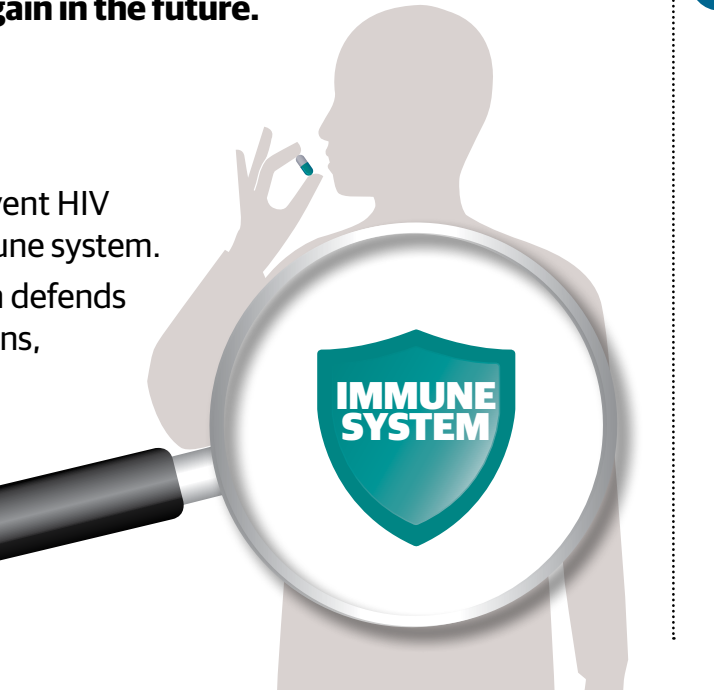
- You can be cured of TB.
- This usually takes six months, but can take longer.



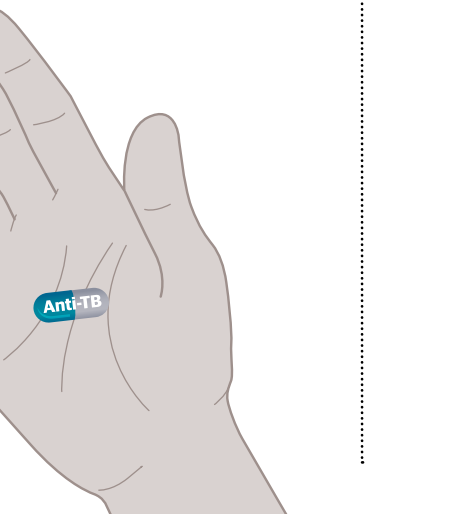
2 With HIV treatment, you reduce the risk of being infected with TB again in the future.

Anti-HIV

- Anti-HIV drugs help prevent HIV from damaging the immune system.
- A strong immune system defends the body against infections, including TB.

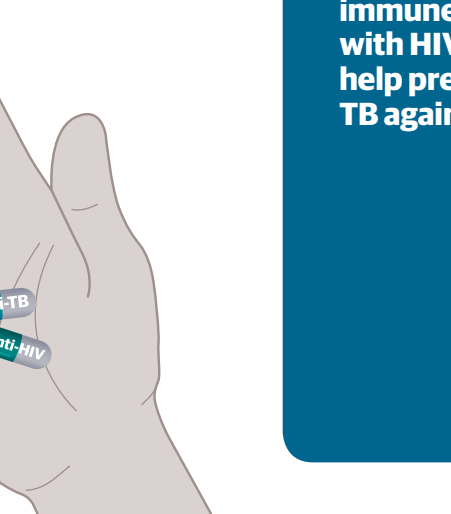


3 Some people start TB treatment first, then start taking anti-HIV drugs a few weeks later.



4 Some people need to start both treatments at the same time.

- It depends on how urgently you need HIV treatment.



Important points

- You can kill the TB bacteria with TB drugs.
- You can make your immune system stronger with HIV drugs. This will help prevent you catching TB again in the future.

Notes

For both TB and HIV treatment, it's very important to **take all doses of your drugs as prescribed**. After several weeks of treatment, you may feel better, but there will still be TB and HIV in your body. If you stop taking your treatment, you may become ill again.

These drugs can cause **side-effects**, particularly when they are taken together.

Want to find out more?

- For more information on this topic**
- Read our 'TB and HIV' leaflet.
 - Read our 'How TB is passed on' leaflet.

- For more information about HIV**
- Visit our website www.aidsmap.com.

- For information in other languages**
- Visit www.aidsmap.com/translations.

Has this leaflet been useful to you?
Please let us know what you think. Your feedback helps us to improve the services we offer.

You can contact us to find out more about the scientific research and information we have used to produce this leaflet.

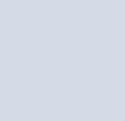
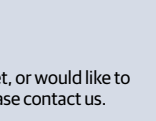
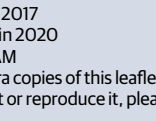
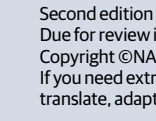
We recommend that you discuss the information in this leaflet with a doctor or other health worker.

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Thanks to all of the professionals and people with HIV who have helped us to develop this leaflet.

This leaflet is available in large format as a PDF.
Call NAM on 020 7837 6988.



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