



Appendix 2

**This appendix was part of the submitted manuscript and has been peer reviewed.
It is posted as supplied by the authors.**

Appendix to: Elkington LJ, Hughes DC. Australian Institute of Sport and Australian Medical Association position statement on concussion in sport. *Med J Aust* 2017; 206: 46-50.
doi: 10.5694/mja16.00741.

**Athlete with
suspected concussion**

Subtle signs of concussion:

- Pale
- Difficulty concentrating
- Fatigue
- Sensitivity to light/noise
- Confusion, disorientation
 - Memory impairment
 - Nausea
- Headache or 'pressure in the head'
 - Feeling slowed or 'not right'
 - Dazed, blank/vacant stare
- Behaviour or emotional changes, not themselves

Things to look
out for at home
or at school
following
a possible
concussion

Review by
medical practitioner

RED FLAGS

- Neck pain
- Increasing confusion or irritability
 - Repeated vomiting
 - Seizure or convulsion
- Weakness or tingling/burning in the arms or legs
 - Deteriorating conscious state
 - Severe or increasing headache
 - Unusual behavioural change
 - Visual or hearing disturbance

NO

**Rest, observation,
return to sport
protocol under
medical advice**

YES

**Immediate
referral to
emergency
department**