

SCENARIO CARD: FAMILY # 6

The Young family – Mr. Young is a fireman and Mrs. Young stays at home to watch their newborn baby and 6 other children. They have 252 ration points to feed their family for the week.

SCENARIO CARD: FAMILY # 5

The Webster family – Mr. and Mrs. Webster own an orange orchard. Oranges and orange juice are very convenient and common in their household. The Websters have 308 points to support their family of 11 for the week.

SCENARIO CARD: FAMILY # 4

The Timson family – Mr. Timson is a doctor and Mrs. Timson works at the local dairy farm, which makes dairy accessible to them. They have 84 ration points to support themselves and their newborn child.

SCENARIO CARD: FAMILY # 3

The Rawlins family – Mrs. Rawlins works at the meat packing plant to support herself, her 5 children, and her 4 elderly grandparents. Meat products are easily accessible due to her job. She has 280 ration points to support herself and the other 9 people she is feeding.

SCENARIO CARD: FAMILY # 2

The Baxter family – Mrs. Baxter became a riveter at the local factory while her husband is off fighting in the Pacific. She has to feed herself, and her 3 children with only 112 ration points.

SCENARIO CARD: FAMILY # 1

The Summerfield family – Mr. and Mrs. Summerfield work at the local factory to support their family. They have 4 children, and only have 168 points to feed their family for the week.



WORKSHEET: WEEKLY MEAL PLANNER

MONDAY	TUESDAY	WEDNESDAY
BREAKFAST	BREAKFAST	BREAKFAST
LUNCH	LUNCH	LUNCH
DINNER	DINNER	DINNER
SNACK	SNACK	SNACK
THURSDAY	FRIDAY	SATURDAY
BREAKFAST	BREAKFAST	BREAKFAST
LUNCH	LUNCH	LUNCH
DINNER	DINNER	DINNER
SNACK	SNACK	SNACK
SUNDAY	NOTES:	
BREAKFAST		
LUNCH		
DINNER		
SNACK		



WORKSHEET: MEAL IDEAS

PORK TAILS WITH LIMA BEANS

PORK TAILS
LIMA BEANS
SALT
ONIONS
VINEGAR

TREET WITH NOODLES & CHEESE

TREET
NOODLES
BUTTER
GREEN PEPPERS
ONIONS
CHEESE

SCRAMBLED EGGS & BRAINS

CALF'S BRAIN
BUTTER
EGGS
WORCESTERSHIRE
SAUCE
PARSLEY

LUNCHEON SOUP

DRIED BEEF
POTATOES
SALT
BUTTER
ONIONS
MILK

BOILED BEEF

FORESHANK
SALT
POTATOES
ONIONS
CARROTS



WORKSHEET: ITEM TRACKER

[illegible]



WORKSHEET: GROCERY ITEM LIST

FOOD ITEM	PRICE/ITEM QUANTITY	RATION POINTS	FOOD ITEM	PRICE/ITEM QUANTITY	RATION POINTS
APPLES	33 CENTS/2 POUNDS	20	PEPPER	5 CENTS/26 OUNCES	0
BREAD	10 CENTS/1 LOAF	0	PORK TAILS	15 CENTS/1 POUND	0
BUTTER	50 CENTS/1 POUND	8	POPSICLES	29 CENTS/1 BOX	22
CAKE MIX	18 CENTS/1 BOX	18	POTATOES	70 CENTS/15 POUNDS	0
CALF'S BRAIN	19 CENTS/1 BRAIN	2	RICE	10 CENTS/1 POUND	3
CARROTS	9 CENTS/1 BUNCH	0	SALT	5 CENTS/26 OUNCES	0
CHEERIOS	14 CENTS/1 BOX	8	SAUSAGE	35 CENTS/1 POUND	0
CHEESE	35 CENTS/1 POUND	12	SHRIMP	53 CENTS/1 POUND	12
COFFEE	24 CENTS/1 POUND	42	SOUP	9 CENTS/1 CAN	10
COOKIES	22 CENTS/1 BOX	22	SPINACH	15 CENTS/1 CAN	18
DRIED BEEF	21 CENTS/4 POUNDS	16	STEAK	40 CENTS/1 POUND	13
EGGS	33 CENTS/1 DOZEN	0	STRAWBERRIES	28 CENTS/POUND	0
FLOUR	66 CENTS/10 POUNDS	18	SUGAR	31 CENTS/5 POUNDS	80
FORESHANK	13 CENTS/1 POUND	10	SYRUP	23 CENTS/1 JAR	80
GREEN PEPPER	30 CENTS/1 POUND	0	TOMATO CATSUP	15 CENTS	30
GROUND BEEF	27 CENTS/1 POUND	0	TOMATO JUICE	10 CENTS/1 CAN	20
JELLY	24 CENTS/1 JAR	40	TREET	35 CENTS	7
LIMA BEANS	19 CENTS/1 POUND	0	TUNA	24 CENTS/1 CAN	6
MILK	15 CENTS/1 GALLON	1	VINEGAR	14 CENTS/1 QUART	0
NOODLES	5 CENTS/1 BOX	18	WORCHESTERSIRE	29 CENTS/1 BOTTLE	0
ONIONS	7 CENTS/1 POUND	0			
ORANGE JUICE	19 CENTS/1 CAN	0			
PARSLEY	10 CENTS/1 BUNCH	0			
PEANUT BUTTER	25 CENTS/1 JAR	9			