

CONVERSION CHART

SUGAR

TRUVIA® STEVIA SWEETENER PACKETS



1 TEASPOON

$\frac{1}{2}$

PACKET



2 TEASPOONS

1

PACKET



1 TABLESPOON

$1\frac{1}{2}$

PACKETS



$\frac{1}{4}$ CUP

6

PACKETS



$\frac{1}{3}$ CUP

8

PACKETS



$\frac{1}{2}$ CUP

12

PACKETS



1 CUP

24

PACKETS