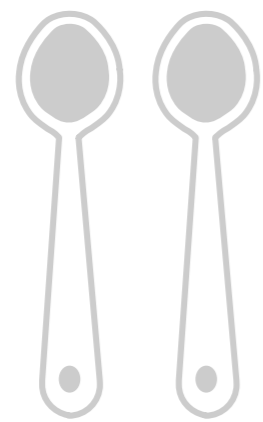


CONVERSION CHART

SUGAR

TRUVIA® LIQUID SWEETENERS



2 TEASPOONS

$\frac{1}{4}$

TEASPOON



1 TABLESPOON

$\frac{3}{8}$

TEASPOON
(OR ~1/2 TSP)



$\frac{1}{4}$ CUP

$1\frac{1}{2}$

TEASPOONS