



Calgary Stampede

JULY 3 – 12, 2026

YOUR 2026 STAMPEDE SUSTAINABILITY GUIDE

The Calgary Stampede is embarking on a holistic sustainability journey. Our world-famous annual celebration includes diverse environmental, social and cultural experiences for you to enjoy across Stampede Park.

From Value Days, which offer free access to Stampede Park, to designated relaxation areas where you can escape the heat or take a stroll along the river, this guide has something for everyone looking to enjoy a sustainable gathering at The Greatest Outdoor Show on Earth!

[ACCESS AN INTERACTIVE MAP OF STAMPEDE PARK](#)

PUBLIC BIKE AND CTRAIN ACCESS TO STAMPEDE PARK



LEGEND

- PUBLIC PAID PARKING \$30
- PASSHOLDER PARKING ONLY NO PUBLIC PARKING
- PUBLIC PAID ACCESSIBILITY PARKING
- RIDESHARE ZONE DESIGNATED UBER/TAXI PICK UP LOCATION (NO PARKING)
- LOADING DOCK APRON
- CONSTRUCTION
- ACCESS CONTROL BOOTH
- ATM
- PARK SECURITY
- DESIGNATED SMOKING AREA
- DESIGNATED SMOKING AREA ACCESS REQUIRES VENUE TICKET

GETTING HERE, GETTING AROUND

Active transportation is a sustainable and affordable way to make your way to Stampede Park.

C-TRAIN

The CTrain is powered 100% by renewable wind energy and runs 24/7 during Stampede! Catch the Red Line which drops you off right at the action (Erlton Station for easy access to the Coca-Cola Stage and GMC Stadium; Victoria Park Station for easy access to BMO Centre and The Big Four).

[Link](#)

BIKE + SCOOTER

Get active and choose a more sustainable option to bike, scooter or walk down to The Greatest Outdoor Show on Earth. Bike racks are conveniently located near every Stampede Park entrance, see map.

[See map!](#)

DID YOU KNOW?

Last year, more than 900,000 trips to and from the Calgary Stampede were made using zero-emission transportation, including electric scooters, bikes and the CTrain!

FUN FACT!

Catching the CTrain is zero-emissions, and with two convenient stations, gives you direct access to Stampede Park's entrances!

DID YOU KNOW?

Stampede Park is connected to the largest urban bike and walkway network in North America!



ACCESSIBILITY

Calgary Stampede's Western hospitality aims to ensure everyone feels welcome on Stampede Park.

WHEELCHAIR + STROLLER + LOCKER RENTAL

Wheelchairs, strollers and lockers are available to rent at Red Barn Rentals, located inside the Stampede Trail and Erlton entrances, as well as in The Big Four Building. This program is operated by Girl Guides of Canada.

[Link](#)

SHOWS

All concert and event venues are designed to be accessible, with additional accessible seating in GMC Stadium. Guests will also find an elevated accessible area at the Coca-Cola Stage beside the Coca-Cola Canteen.

UNIVERSAL NECESSITIES

Gender neutral washrooms, changing stations and areas for nursing parents are located throughout Stampede Park.

[Link](#)

BMO CENTRE ACCESSIBILITY

Features such as service dog relief areas, universal washrooms with barrier-free adult changerooms, tactile cues on handrails and visual aids ensures all guests feel taken care of.

Service Dogs on Stampede Park must hold valid, government-approved accreditation. For more information, please visit the Government of Alberta Website.



DID YOU KNOW?

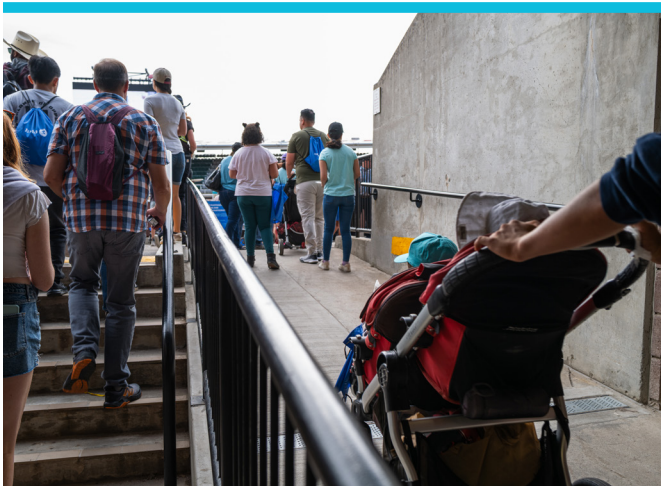
FIVE! That's the number of days you can get onto Stampede Park for FREE or with a major discount!

FUN FACT!



The expanded BMO Centre expansion received a Rick Hansen Gold Certification for accessibility, ensuring all guests feel welcome on Stampede Park.

Guests with questions regarding accessibility needs can reach out in advance to info@calgariystampede.com.



The Calgary Stampede works with a third-party accessibility partner to improve Stampede Park each year.

DID YOU KNOW?

Since 1979, the Calgary Stampede Queens' Alumni Committee has provided unique programming for youth in our community with developmental disabilities and their families. Four Giddy-Up events are held each year, including Giddy Up Grits during Stampede, made possible through the generous support of sponsors and Calgary Stampede volunteer committees.

These private, free, invite-only programs are designed to provide a relaxed and supportive environment for participants and their families. Learn more [here](#).



VALUE DEALS

Looking for even more ways to save? Take advantage of Value Deals on admission, rides and games available throughout Stampede.

New this year, the Midway Twilight Pass will be available on Thursday, July 9, offering reduced-price Ride All Day passes along with a new \$5 After 5 Sample Menu at participating Midway vendors.

[Link](#)

STAMPEDE MAP IN MANY LANGUAGES

The Stampede Park Map is available in six different languages: English, French, Spanish, Tagalog, Punjabi and Japanese! Find it on the Stampede Guest Services website.

[Link](#)

ACCESSIBLE TRANSPORTATION TO AND FROM STAMPEDE PARK

The City of Calgary offers accessible transportation options to and from Stampede Park, including 24-hour CTrain service, wheelchair-accessible buses and Calgary Transit Access (CTA) paratransit services operating during regular service hours.

[Learn more here.](#)

HOWDY BOOTHS PRESENTED BY GOOGLE

Have a question about schedules, Stampede Park directions or where to find family-friendly washrooms? Our expert Howdy Team members are here to help answer your questions and ensure you get the most out of your time at the Stampede. Look for Howdy Booths located throughout Stampede Park.



WHAT TO SEE, DO AND EXPLORE

Stampede Park offers something for everyone, whether it's experiencing Treaty 7 First Nations cultures and traditions, shopping for locally hand-crafted one-of-a-kind gifts, or catching GMC's Hummer EV during the Parade!

SHOP LOCAL AND SUPPORT SMALL BUSINESSES AT THE MARKET

Looking for something unique, locally made and unlike anything else you can find in stores? The BMO Centre features The Market which boasts over 200 exhibitors selling all kinds of clothing, goods and more! Want something Canadian-made? Maker Market presented by Michaels specifically features 35 Canadian artisan vendors. Shop local and support small businesses.

[Link](#)

RECYCLE FOR A DAILY PRIZE!

You could get CAUGHT GREEN HANDED! Bring your empty Coca-Cola beverage containers to our Indoor Waste Station in the BMO Centre, and you could be one of 50 guests each day to receive an exclusive prize!



ELBOW RIVER CAMP PRESENTED BY ENBRIDGE

Immerse yourself in the rich cultures of the Kainai, Piikani, Siksika, Tsuut'ina and Stoney Nakoda First Nations of Treaty 7 at Elbow River Camp presented by Enbridge. Explore 26 tipis, meet talented local Indigenous artisans showcasing beautiful jewelry and art and indulge in treats like bannock and saskatoon berry jam. Enjoy vibrant cultural experiences, including traditional dancing and more, as you join us in celebrating the stories and culture of Elbow River Camp!

[Link](#)

114 YEAR PARTNERSHIP BETWEEN TIPI HOLDERS AND THE CALGARY STAMPEDE

Weadick's goal was to create a space that acknowledged and valued each perspective while bringing these groups together in celebration. For 114 years, the Calgary Stampede has honoured this partnership and continues to find ways to highlight the unique cultures of the Treaty 7 Nations.

DID YOU KNOW

Guy Weadick's vision in 1912 was nothing short of revolutionary: to celebrate the spirit of the West by bringing together settler-rancher perspectives and the diverse cultures and peoples of Treaty 7, with the support of Ben Calf Robe, a respected Blackfoot leader, interpreter and advocate.

NEW TO STAMPEDE!

THE TASTE OF STAMPEDE PRESENTED BY SAFEWAY

TASTE OF STAMPEDE CULINARY CUP

Taste of Stampede presented by Safeway puts chefs centre stage, bringing their creativity to life through a dynamic lineup of events across all ten days of Stampede, where culinary talent transforms fresh ingredients into bold, unexpected dishes. Competition and flavour come alive between the Culinary Cup, live chef battles, demos and community cookoffs.

CULINARY CUP

Alberta's food scene takes centre stage at the Calgary Stampede's newest culinary event!

Watch as Alberta's top chefs battle it out in the Culinary Cup, a high-stakes, bracket-style tournament where the province's most exciting culinary talent competes for the championship title over ten days of timed challenges. From renowned restaurants in Alberta, these chefs will showcase both new-school innovation and classic technique - all judged by industry experts, media and guests.

ALBERTA COMMODITIES

Each day of Taste of Stampede spotlights a featured Commodity Group, positioning that ingredient as the hero across all demonstrations and competitions. Commodity groups include: Alberta Bison, Alberta Beef, Alberta Lamb, Alberta Pork and Alberta Grains.



ALL CANADIAN TALENT!

Show your support for world-renowned Canadian talent, all FREE with Park Admission.

STAGE OF WONDERS

In the BMO Centre Hall D, Le Cirque de la Nuit presents ON AIR! – a high-energy circus experience that takes audiences on a journey through a television multiverse where iconic worlds come to life off the screen. Blending circus, technology and nostalgia, each “channel” reveals a new visual world before colliding in a spectacular finale celebrating the magic of live performance.

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STAMPEDE CELLAR CHAMPION WINE EXPERIENCE

Be wowed by the Dueling Piano Kings in the Stampede Cellar Champion Wine Experience. These Calgary-based entertainers bring interactive sing-alongs, audience song requests and an extensive repertoire spanning classic rock, retro favourites and today’s Top 40 hits.

Also enjoy performances by Canadian acoustic artists and the high-flying aerial acts of Cirque De La Nuit.

[Link](#)

STAMPEDE STAND-UP!

For two nights only, the Stage of Wonders transforms into a comedy club! No joke – this show is exactly what you need. Come enjoy an all-Canadian stand-up show in a licensed 18+ venue on July 10 and 11!

[Link](#)

DOG BOWL PRESENTED BY SAFEWAY

The legendary Canadian SuperDogs are ‘bark’ at it again on Stampede Park with a brand new show *Full Throttle!*

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FLYING FOOLS HIGH DIVE

New for 2026, the Flying Fools High Dive Show makes a splash in the BMO Centre Plaza with an adrenaline-filled performance that promises excitement for guests of all ages. Combining daring athleticism, comedy and edge-of-your-seat entertainment, this high-energy attraction features fearless divers launching themselves from heights of up to 25 metres into a pool just three metres deep.

ALWAYS IN MY HEART

ARTWORK BY TSUUT’INA NATION ARTIST KEEGAN STARLIGHT

Unveiled in 2025, this large-scale painting celebrates Starlight’s family’s long-standing connection to the Calgary Stampede, featuring his family tipi and daughter in her red jingle dress, alongside symbolic elements representing healing, tradition and connection to the spirit world. View this local artwork in the BMO Centre near the Stampede Trail entrance.



SURGE 2 STAMPEDE - CANADIAN ELITE BASKETBALL LEAGUE

Professional basketball returns to The Greatest Outdoor Show on Earth with SURGE 2 STAMPEDE on July 9 in the Scotiabank Saddledome. Watch the Calgary Surge face off against the Vancouver Bandits at 6:30 p.m. in a high-energy matchup featuring top Canadian athleticism. This is a ticketed event.

STAMPEDE SAND SCULPTURES

Explore the Calgary Stampede Sand Sculptures, designed by a Toronto-based team, throughout the BMO Centre Concourse, Community Square and The Market, then step into the Western Oasis to watch master sculptors create incredible works of art live each day.

BMO COMMUNITY SQUARE IN BMO CENTRE

Sit back and be wowed by nonstop entertainment at our BMO Centre Community Square - celebrating local, cultural and youth-based activations from GlobalFest, to the Robot Rodeo youth robotics competition, readings from the Calgary Public Library, line dancing, karaoke and more!

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CALGARY STAMPEDE POWWOW PRESENTED BY TC ENERGY

The Stampede Powwow returns to the Scotiabank Saddledome on Monday, July 6 and Tuesday, July 7.

Hundreds of competitors from across North America will once again compete across eight dance categories. At the heart of the Calgary Stampede Powwow is the drum, and new in 2026, the competition expands with the introduction of a Drum Competition. Drummers and singers will compete

for their share of \$50,000 in prize money while showcasing the power, energy and tradition of Powwow music.

[Link](#)

GMC ELECTRIC VEHICLES IN THE STAMPEDE PARADE, PRESENTED BY SUNCOR

Since 1912, the Stampede Parade presented by Suncor has served as the official kickoff of The Greatest Outdoor Show on Earth. Watch for the GMC Hummer EVs showcasing exhilarating torque and horsepower powered by the Ultium battery. This year, the Parade takes place on the morning of Friday, July 3. Can't make it? Don't worry, these all-electric GMC Hummers, along with a Sierra EV, will also be on display at Stampede Park for up-close public viewing.

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CALGARY STAMPEDE LOTTERIES

The Calgary Stampede Lotteries is the Greatest Yet with over \$2.5 million in prizes, including the coveted 2026 Rotary Dream Home. For over 70 years, the Calgary Stampede Lotteries has given millions back to our communities – when you play, everybody wins!

[Link](#)

HISTORY IN THE MAKING

Come check out the Ladies Breakaway Roping, as it debuted at the Calgary Stampede last year in 2025. This exciting, lightening-fast event is an electrifying addition to the Calgary Stampede, and is one of the many rodeo events that features EQUAL PRIZE MONEY, recognizing the importance in gender parity competition.

[Link](#)



DID YOU KNOW?

The Calgary Stampede was named the Women's Professional Rodeo Association's 2025 Mega Rodeo of the Year for enhancing women's professional rodeo.

YOUTH TALENT

Numerous activities around Stampede Park highlight youth performance and leadership:

CALGARY STAMPEDE SHOWBAND

The seven-time world champion Calgary Stampede Showband is a dedicated group of 150 youth that make more than 100 appearances throughout the Stampede's annual festival including at the Stampede Rodeo, the BMO Centre Grand Staircase and other locations across the city.

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YOUNG CANADIANS SCHOOL OF PERFORMING ARTS

Don't miss the Young Canadians' nightly performance in the Grandstand Show presented by Freedom Mobile in GMC Stadium. Fun sustainability fact: Following the conclusion of every show, costumes are deconstructed and the fabric and sequins are re-used year after year to create something new. This year, the Grandstand Show also features vintage, second-hand items sourced from charity shops and consignment stores across Canada.

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CALGARY STAMPEDE SHOWRIDERS

The Calgary Stampede Showriders are a dynamic group of young equestrians with distinctive Western flair. You'll see them showcasing their skills in the Nutrien Western Event Centre, Northern Lights Arena and in GMC Stadium.

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YOUTH AGRICULTURE PROGRAMS

Cheer on the future leaders of the agriculture industry through a variety of agriculture-focused youth competitors. From the Robot Rodeo robotics competition, Youth Veterinary Science Competition, Youth Agri-Food Culinary Challenge, Youth Agriculture Speaking Championships presented by BURSCO, and OH Branded Beef program, to the ever-popular International Youth Livestock and Junior Steer Classic competitions, there's something for everyone!

[Link](#)

CALLING ALL YOUNG COWBOYS & COWGIRLS – LITTLE RODEO PRO

This action-packed mini rodeo lets kids become the stars of the arena, learning and trying their hand at riding, roping and racing. Head out to the Great FUNtier across from the BMO Kids Zone.

YOUTH ART AND CREATIVE DESIGN

Step into the tranquil Western Oasis in the BMO Centre and celebrate young artists throughout many of our displays, including the Grade 12 Scholarship Program, Photo Competition and more.

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WHAT TO EAT

Sink your teeth into something local or sustainable on Stampede Park!

FREE STAMPEDE PARK PANCAKE BREAKFAST

Who can say no to FREE pancakes, FREE entertainment and FREE admission to Stampede Park?

Join us on Sunday, July 5 for Tim Hortons Family Day and Wednesday, July 8 for BMO Kids' Day and enjoy free admission until 11 a.m. and a free pancake breakfast from 8-10 a.m. in GMC Stadium.

Sustainability is also on the menu, with the volunteer Stampede Park Breakfast Events Committee leading the way in event waste management.

[Link](#)

BANNOCK BOOTH

A deep fried delicacy, paired perfectly with traditional saskatoon berry jam, sure to delight! If you're looking to relax and grab a tasty bite during Stampede, come visit the Bannock Booth in Elbow River Camp. You won't be able to get enough, so it's a good thing it's open daily!

The Bannock Booth supports responsible waste management - almost all dishware is compostable!

[Link](#)



DID YOU KNOW?

There are 45 local food exhibitors from Alberta on Stampede Park this year!



STAMPEDE PARK FOOD EXHIBITORS

This year, we are excited to share that 133 food exhibitors across Stampede Park are offering inclusive menu items that accommodate a range of food sensitivities and preferences, including gluten-free, dairy-free, vegan, vegetarian, Halal, Kosher, nut-free and sugar-free options. Of those exhibitors, 45 are local to Alberta. Many are also leading in responsible waste management, with more than 149 exhibitors offering compostable or recyclable food ware to help reduce landfill waste. Be sure to save your appetite and enjoy a sustainable treat this year.



DID YOU KNOW?

133 food exhibitors in the midway offer meals that accommodate dietary restrictions.

WESTERN OASIS ART SHOW AND WINE GARDEN

Relax and cool off in this peaceful garden oasis located in the Western Oasis Art Show and Wine Garden in the BMO Centre. Sip and swirl your way through a curated selection of Canadian and International wines, thoughtfully paired with a selection of artisanal Canadian cheeses, charcuterie, pasta, and pizzas.

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TIME TO RELAX AND RECHARGE

Wellness is important, and Stampede Park offers many ways to cool down, slow down and feel great.

COOL DOWN, SLOW DOWN AND CATCH A SEAT

Stampede Park offers plenty of shaded and air-conditioned spaces to recharge, including:

- The Big Four – check out the 8-Bit Arcade, The Range food hall and the “Battle of the Bulls” presented by Banded Peak.
- BMO Community Square – non-stop entertainment throughout the day
- Stampede Cellar Champions Wine Experience – live entertainment and seated service
- The Saddledome on July 6 & 7 – Stampede Powwow Presented by TC Energy
- Outdoor shaded seating under the BMO Centre canopy

CONNECT WITH NATURE

Enjoy strolling through Elbow River Camp presented by Enbridge, situated within 16 acres of beautifully naturalized space along the Elbow River.

[Link](#)

STAY HYDRATED

Find water refill stations conveniently located throughout Stampede Park, including the BMO Centre, Nutrien Western Event Centre, GMC Stadium, and Community Park South.

Plus, most Coca-Cola beverages you enjoy at Stampede Park are crafted with bottles made from 100% recycled rPET material. Drop off your empty bottles and cans at the activation space near the SuperWheel and receive a fun temporary tattoo!

Choose from bold Western motifs or pops of flair – the perfect accessory to celebrate your Stampede style.



CHARGE YOUR MOBILE PHONE FOR FREE WITH EASymax BY ENMAX ENERGY MOBILE CHARGING

Need a battery re-boot? You can get a FREE mobile phone charging battery at the Easymax by ENMAX Energy Mobile Charging Corral in the BMO Centre located under the Neon Cowboy, and in GMC Stadium on the first and second levels.

FUN FACT!

There are 35 acres of naturalized green space on Stampede Park to relax and enjoy while you're on-site.



LEAVE NO TRACE

Waste, compost and recycling play a huge role in ensuring we can all enjoy our time on Stampede Park while reducing our impact on the environment.

RECYCLING, WASTE AND COMPOST

Stampede Park offers guests a three-tier waste sorting system, which includes compost, mixed recycling and waste. Please sort your waste in the appropriate bin during your stay.

Over 14 different types of materials are recycled or upcycled throughout the year on Stampede Park. For example, bedding waste gets re-used as fertilizer on local farms. Cooking grease gets upcycled by our partner Redux and turned into biodiesel and jet fuels!

WASTE SORTING

There are three waste sorting stations on Park this year: the Midway, south of the BMO Great Lawn and The Market in the BMO Centre.

STAMPEDE GREEN TEAMS

The Calgary Stampede partners with both the Centre for Newcomers and Trellis Society to help keep our Stampede Park clean. Through these partnerships, over 350 employable youth or newcomers to Canada are provided meaningful employment usually as their first job or as their first work placement in the country!



DID YOU KNOW?

52% of waste generated during last year's Stampede was diverted away from the landfill.



THREE CHEERS FOR GIVING BACK (AND DOING YOUR BUSINESS BETTER)

We're thrilled to welcome **Who Gives a Crap** as a new sustainable sponsor for 2026. They make toilet paper that's more than just soft—it's world-changing. As a B Corp-certified company, their rolls are 100% Bamboo and 100% Recycled and they are FSC (R) Certified to keep our forests happy. Plus, they donate **50% of their profits** to help get clean water and toilets to the 2 billion people currently living without them. It turns out, you really can make a difference from the comfort of the throne.



FUN FACT

Over 14 different types of materials are recycled or upcycled throughout the year on Stampede Park. For example, bedding waste gets re-used as fertilizer on local farms and cooking grease gets upcycled to biodiesel to be used as fuel. Other events, including pancake breakfasts hosted by the Stampede Park Breakfast Events Committee, are working hard to reduce waste. We ask that everyone does their part to help keep Stampede Park clean.

LEFTOVER FOOD RESCUE

54,539

Meals donated to community organizations from the Midway, pancake breakfasts and Calgary Stampede kitchens last July to support food security in Calgary.





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