

Expression of Interest Form

About the Project

The Education Endowment Foundation (EEF) has commissioned the University of York to evaluate the Outward Bound Trust's Adventure Challenge programme. The study is designed to understand whether structured, adventure-based learning delivered during a 5-day residential programme can improve Year 9 pupils' self-regulation, resilience, wellbeing, and learning, particularly for those at risk of disengagement.

Schools will be randomly allocated to one of two groups:

1. Intervention group: completing the 5-day residential.
2. Control group: continuing with usual provision.

How to take part

If your school would like to take part or find out more, please complete this short form. Submitting the form does not commit you to participation but is simply an opportunity to find out more.

Schools interested in taking part must:

- Be state-funded secondary schools in England with more than 24 Year 8 pupils in the academic year 25/26.
- Have not taken part in Outward Bound Trust residential activities in the past two academic years (24/25 and 25/26). Please note that schools taking part in Outward Bound Trust residential during the academic year 26/27 with a year group other than Year 9 are still welcome to take part in this project.
- Have not taken part in any whole-school programmes run by Commando Joe's in the past two school years (since the academic year 24/25).
- Have not used any Commando Joe's programmes with the current Year 8 pupils.
- Priority will be given to schools where more than 24% of pupils are eligible for free school meals.
- Can identify 24 pupils who meet the pupil eligibility criteria. Please see the School Information Document for pupil eligibility.

School details

Full school name:

School postcode:

School telephone:

DfE number (if known):

Contact information

Please provide details of the person best placed to receive follow-up information (see Privacy Notice).

Full name:

Job Title:

Email address:

Mobile Number:

Best times for contact: