

# SNAP Assistance

Bet Tzedek Legal Services

## Do You Need Help to Buy Food?

If you need help putting food on the table, you may be eligible for SNAP food assistance.



- Want to see if you qualify for SNAP? Want to apply?
- Is your SNAP benefit low? Want to see if you qualify for more?
- Want to learn about more resources for people who get SNAP?
- SNAP provides monthly benefits for your household:

Household Size	1	2	3	4	5	6	7	8	Each add'l member
Maximum monthly SNAP benefit	\$292	\$536	\$768	\$975	\$1,158	\$1,390	\$1,536	\$1,756	Add \$220

## Our SNAP Advocates Can Help!

Talk with a SNAP Advocate! Email us at [SNAPhelp@jfcsboston.org](mailto:SNAPhelp@jfcsboston.org) or call us at 781-693-5000.

*This project has been funded at least in part with Federal funds from USDA. This institution is an equal opportunity provider. The SNAP logo is a service mark of the U.S. Department of Agriculture. USDA does not endorse any goods, services, or enterprises.*

