



November 15, 2022

RESOURCE LIST

資源列表 Lista de recursos Danh sách tài nguyên

FREE TELEPHONE HELPLINES

免費電話求助熱線

LINHAS TELEFÔNICAS GRATUITAS

LÍNEAS TELEFÓNICAS DE AYUDA GRATUITAS

ĐƯỜNG DÂY TRỢ GIÚP QUA ĐIỆN THOẠI MIỄN PHÍ

Alzheimer's Association Helpline: 1-800-272-3900

Free telephone information and assistance, 24 hours a day, 7 days a week. Counselors can provide services in over 200 languages, using interpreters.

Arabic:

عربي

خط المساعدة التابع لجمعية الزهايمر على مدار الساعة طيلة أيام الأسبوع يقدم مشورة الخبراء والإحالات والمساعدة في الأزمات ومجموعات الدعم والدعم العاطفي مجاناً للأشخاص الذين يعانون من فقدان الذاكرة ومقدمي الرعاية والمهنيين الصحيين وعامة الجمهور والعديد من المجموعات الثقافية المختلفة والأصدقاء والعائلة المعنيين ومقدمي الرعاية المهنية. توفر جمعية الزهايمر أيضاً التعليم والتدريب حول الخرف. اتصل بالرقم 1-800-272-3900 في اليوم. الخدمات متوفرة باللغة العربية والعديد من اللغات الأخرى. عندما تتصل ، فقط اسأل عن 24-3900-272 اللغة التي تحتاجها.

Burmese မြန်မာ

အယ်လ်ဇိုင်းမားအသင်း၏ 24/7 အကူအညီဖုန်းလိုင်း

မှတ်ဉာဏ်ဆုံးရှုံးသောလူများ၊ ပြုစုစောင့်ရှောက်သူများ၊ ကျန်းမာရေးဆိုင်ရာ ကျွမ်းကျင်ပညာရှင်များ၊ သာမန်လူထု၊ မတူကွဲပြားသော ယဉ်ကျေးမှုအုပ်စုများ၊ သက်ဆိုင်ရာသူငယ်ချင်းများနှင့် မိသားစုအပြင် ကျွမ်းကျင်သော စောင့်ရှောက်ပေးသူများအား အခမဲ့ကျွမ်းကျင်ပညာရှင်၏ အကြံဉာဏ်များ၊ ရည်ညွှန်းချက်များ၊ အကျပ်အတည်းအကူအညီနှင့် စိတ်ပိုင်းဆိုင်ရာအားပေးမှုတို့ကို ပံ့ပိုးပေးသည်။ အယ်လ်ဇိုင်းမားအသင်းသည် မှတ်ဉာဏ်ချို့ယွင်းမှုရောဂါနှင့်ပတ်သက်သော ပညာပေးနှင့် လေ့ကျင့်ရေးများကိုလည်း ပံ့ပိုးပေးသည်။ 1-800-272-3900 ကို တစ်ရက်လျှင် 24 နာရီလုံး ဖုန်းခေါ်ဆိုပါ။ တယ်လီဖုန်းမှ စကားပြန်များကိုအသုံးပြု၍ ဘာသာစကား 200 ကျော်ဖြင့် ဝန်ဆောင်မှုများကို ရရှိနိုင်ပါသည်။

Traditional Chinese/ 中國人: 阿爾茨海默氏症協會二十四小時諮詢援助熱線

提供免費專家意見，轉介，協助危機處理和情緒支援給記憶力減退的人，護理人員，醫療保健專業人士，一般公眾，不同族裔人士，有關的朋友和家人，以及照顧者。阿爾茨海默氏症協會還提供與失智症相關的教育和培訓。請到訪網址 www.alz.org 或致電 1-800-272-3900，

Español/Spanish: Línea de ayuda

Consejería gratuita las 24 horas, 7 días a la semana. Asiste a personas con pérdida de memoria, cuidadores, profesionales de la salud, público en general, amigos y familiares. La línea de ayuda proporciona referidos a programas y servicios en la comunidad, educación relacionada con la demencia, asistencia en momentos de crisis y apoyo emocional. Llama a **1-800-272-3900** o visita a www.alz.org/manh. Para información en español, visite www.alz.org/espanol

Haitian Creole/Kreyòl ayisyen: Sèvis Asistans 24/7 Asosyasyon Alzaymè. Ofri konsèy ekspè gratis, referans, asistans nan ka kriz, ak sipò emosyonèl pou moun ki gen pèt lamemwa, moun k ap bay swen, pwofesyonèl sante, gran piblik la, anpil diferan gwoup kiltirèl, zanmi ak fanmi ki konsène, ak founisè swen pwofesyonèl. Asosyasyon Alzheimer a ofri tou edikasyon ak fòmasyon sou demans. Rele 1-800-272-3900 24 èdtan pa jou. Sèvis yo disponib nan lang Ris ak anpil lòt lang.

Khmer/ ខ្មែរ: ខ្សែទូរសព្ទជំនួយ 24 ម៉ោង/7 ថ្ងៃនៃសមាគមអាល់ហ្សៃមី

ផ្តល់ដំបូន្មាន ការណែនាំបញ្ជូន ជំនួយដោះស្រាយវិបត្តិ

និងការគាំទ្រផ្នែកសតិអារម្មណ៍ដោយអ្នកជំនាញដោយឥតគិតថ្លៃដល់អ្នកដែលមានការបាត់បង់ការចងចាំ អ្នកថែទាំ អ្នកជំនាញផ្នែកសុខភាព សាធារណជនទូទៅ ក្រុមចម្រុះវប្បធម៌ជាច្រើន មិត្តភក្តិ និងក្រុមគ្រួសារដែលពាក់ព័ន្ធ និងអ្នកផ្តល់សេវាទាំអាជីព។ សមាគមអាល់ហ្សៃមីរក្សាទុកផ្តល់ការអប់រំ និងការបណ្តុះបណ្តាលអំពីជំងឺរង្វង់ស្មារតីផងដែរ។

ទូរសព្ទទៅលេខ 1-800-272-3900 24 ម៉ោងក្នុងមួយថ្ងៃ។ សេវាកម្មមានជាភាសាខ្មែរ និងភាសាជាច្រើនទៀត។

Portuguese/Português: Linha de Ajuda 24/7 da Associação da Doença de Alzheimer.

Oferece conselhos de especialistas, indicações, assistência para crises, e apoio emocional a pessoas com perda de memória, cuidadores, profissionais de saúde, o público em geral, vários grupos culturais diferentes, família e amigos envolvidos e prestadores de cuidados de saúde profissionais. A Associação da Doença de Alzheimer também fornece educação e treinamento sobre a demência. Ligue para 1-800-272-3900, 24 horas por dia. Os serviços estão disponíveis em português e muitos outros idiomas.

Russian/ Русский: Круглосуточная служба помощи Ассоциации поддержки людей с болезнью

Альцгеймера (Alzheimer's Association). Служба помощи бесплатно предоставляет консультации специалистов, направления для получения услуг, помощь в кризисных ситуациях и эмоциональную поддержку. Услуги предоставляются людям, страдающим потерей памяти, лицам, осуществляющим за ними уход, специалистам в сфере здравоохранения, населению, различным группам, объединенным общими культурными традициями, друзьям и родным человека, которых беспокоит его состояние, и специалистам, предоставляющим профессиональную помощь. Ассоциация поддержки людей с болезнью Альцгеймера также предоставляет образовательные и учебные программы о деменции. Обратиться в службу можно по телефону 1-800-272-3900. Служба работает круглосуточно. Помощь предоставляется на русском и других иностранных языках.

Vietnamese/ Tiếng Việt: Đường dây hỗ trợ 24/7 của Hiệp hội Alzheimer

Cung cấp lời khuyên chuyên môn, giới thiệu, giúp đỡ khủng hoảng, và hỗ trợ tâm lý cho những người bị mất trí nhớ, người chăm sóc, chuyên gia sức khỏe, công chúng, các nhóm có nền văn hoá khác nhau, bạn bè và thành viên gia đình có quan tâm về bệnh, và các nhà cung cấp dịch vụ chăm sóc chuyên nghiệp. Hiệp hội Alzheimer cũng cung cấp các lớp giáo dục và huấn luyện về sa sút trí tuệ. Hãy gọi vào số 1-800-272-3900, 24h mỗi ngày. Dịch vụ của có hỗ trợ tiếng Nga và nhiều ngôn ngữ khác.

National Asian Pacific Center on Aging Community Resource Helpline:

<https://www.napca.org/helpline/>

Free telephone information, Monday through Friday, 8:30 a.m. – 1:00 p.m. PST.

周一至周五上午 8:30- 下午 1:00 提供免费电话信息太平洋标准时间.

Español: Información telefónica gratuita, de lunes a viernes, de 8:30 a.m. a 1:00 p.m. PST.

Português: Informações gratuitas por telefone, de segunda a sexta-feira, das 8h30 às 13h00 PST.

Thông tin điện thoại miễn phí, từ Thứ Hai đến Thứ Sáu, 8:30 sáng - 1:00 chiều PST.

English

1-800-336-2722

日本語 / Japanese

1-800-398-1117

廣東話 / Cantonese

1-800- 582-4218

Tagalog / Filipino

1-800-593-8087

普通话 / Mandarin

1-800-683-7427

Tiếng Việt / Vietnamese

1-800-582-4336

한국어 / Korean

1-800-582-4259

Español / Spanish

1-800-948-3844

DEMENTIA FRIENDS PROGRAMS

- Dementia Friends Massachusetts: www.dementiafriendsma.org
- Dementia Friends USA: www.dementiafriendsusa.org
- Dementia Friends for American Indian and Alaska Native communities, International Association for Indigenous Aging: <https://iasquared.org/dementia-friends/>
- Dementia Friends is available in many countries. Look up “Dementia Friends” and the name of the country.

PEER SUPPORT FOR PEOPLE LIVING WITH DEMENTIA

為癡呆症患者提供同伴支持

APOIO DE PARES PARA PESSOAS COM DEMÊNCIA

APOYO ENTRE IGUALES PARA PERSONAS CON DEMENCIA

HỖ TRỢ BẠN BÈ CHO NHỮNG NGƯỜI BỊ SA SÚT TRÍ TUỆ

- Alzheimer’s Association – www.alz.org
- Dementia Action Alliance – www.daanow.org
 - Virtual discussions and engagement programs: <https://daanow.org/events/>
 - Pathways to Well-Being Manual (English): <https://daanow.org/pathways-to-well-being-manual/>
- Dementia Alliance International - <https://dementiaallianceinternational.org/>
- National Council of Dementia Minds - <https://dementiaminds.org/>

- Living with Dementia Toolkit: <https://livingwithdementiatoolkit.org.uk/> Created by people living with dementia, care partners and professionals. Comprised of videos and downloadable materials, each section of the toolkit includes a focus on culture.

ARTICLES, BOOKS, AND VIDEOS ABOUT DEMENTIA

關於癡呆症的文章和視頻

ARTIGOS E VÍDEOS SOBRE DEMÊNCIA

ARTÍCULOS Y VIDEOS SOBRE DEMENCIA

BÀI VIẾT VÀ VIDEO VỀ DEMENTIA

- Arabic
 - فيديو "قصصنا" بالعربية من أستراليا الذي يعاني من مرض الزهايمر: <https://www.dementia.org.au/resources/videos/our-stories-arabic>
 - اقرأ نصائح باللغة العربية من أستراليا حول مرض الزهايمر: <https://www.dementia.org.au/resources/arabic>
- Vietnamese
 - Bảng thông tin bằng tiếng Việt của Alzheimer's Australia, Úc: <https://www.dementia.org.au/resources/vietnamese>
 - Giải thích về Sa sút Trí tuệ và Não bộ bằng tiếng Việt từ Hiệp hội Alzheimer: <https://www.alz.org/asian/overview.asp?nl=VI&dL=EN>
- Alzheimer's Association Facts and Figures: <https://www.alz.org/alzheimers-dementia/facts-figures>
- World Alzheimer's Reports (Alzheimer's Disease International): <https://www.alzint.org/what-we-do/research/world-alzheimer-report/>
- Alzheimer's Disease International: <https://www.alz.co.uk/other-languages>
Links to information about dementia in 49 languages.
 链接到49种语言的痴呆症信息。
Español: Enlaces a información sobre la demencia en 49 idiomas.
Português: Links para informações sobre demência em 49 idiomas.
 Liên kết đến thông tin về chứng sa sút trí tuệ bằng 49 ngôn ngữ.
- Alzheimer's Los Angeles: <https://www.alzheimersla.org/videos/>

Educational videos about dementia. These include a telenovela about dementia in Spanish, a series focusing on Japanese and Japanese American caregivers, a series focusing on Chinese and Chinese American caregivers, and a series focusing on African American caregivers.

關於癡呆症的教育視頻。其中包括一部關於西班牙癡呆症的電視劇，一個以日裔和日裔美國人看護者為重點的系列，一個以中國和華裔美國人看護者為中心的系列，以及一個以非裔美國人看護者為中心的系列。

Videos educativos sobre la demencia. Estos incluyen una telenovela sobre la demencia en español, una serie que se enfoca en los cuidadores japoneses y japoneses estadounidenses, una serie que se enfoca en los cuidadores chinos y chinoestadounidenses y una serie que se enfoca en los cuidadores afroamericanos.

<https://www.alzheimersla.org/for-professionals/caregiver-tip-sheets/> Caregiver tip sheets in English and Spanish. Hojas de consejos para cuidadores en inglés y español.

<https://www.alzheimersla.org/chinese/> Caregiver tip sheets in Chinese.

照顧者提示表中文。

<https://www.alzheimersla.org/japanese/> Caregiver tip sheets in Japanese. 日本語の介護者向けヒントシート。

- Alzheimer's Association webpages:
 - Black Americans: <https://www.alz.org/help-support/resources/black-americans-and-alzheimers>
 - Asian Americans and Pacific Islanders: <https://www.alz.org/help-support/resources/asian-americans-and-alzheimers>
 - Native Americans: <https://www.alz.org/help-support/resources/native-americans>
- Before I Forget: Love, Hope, Help, and Acceptance in Our Fight Against Alzheimer's by B. Smith and Dan Gasby, 2016
- For Children:
 - The Amazing Zoe: Grandma's Memory Box by Valene Campbell, children's book about Alzheimer's featuring a Black family
 - The Amazing Tape Recorder by Grandma Joyce, Joyce Simard, Inka Delevova
- "Dementia Friends: The River": https://www.youtube.com/watch?v=qT_2CZ89TZY

Native American cultural analogy about dementia. 2.7 minute video by Dr. Anton (Waagosh) Treuer, Professor of Ojibwe, Bemidji State University.

- Diverse Elders Coalition: <https://www.diverseelders.org/what-to-know/alzheimers-disease-and-dementia/>
Resource page on Alzheimer's and related dementias
- Down Syndrome and Alzheimer's Resource Guide, from the National Down Syndrome Society: <https://ndss.org/resources/alzheimers>
- Down Syndrome and I/DD and Dementia Resource Guide, from Mind and Memory Matters Wisconsin: https://wi-bpdd.org/wp-content/uploads/2018/10/Dementia_Guide_Book_Full_compressed.pdf
- Down Syndrome and I/DD resources from the UK:
 - <http://www.learningdisabilityanddementia.org/>
 - www.learningdisabilityanddementia.org/jennys-diary.htm
 - <https://booksbeyondwords.co.uk/bookshop/paperbacks/ann-has-dementia>
 - <https://www.dsscotland.org.uk/resources/publications/for-parents-of-adults/>
- “Forget Me Not” play, written and directed by Garrett Davis. Watch here: <https://www.youtube.com/watch?v=EJYJtz-8b3o>
Takes the audience into the life of an African American family facing Alzheimer's disease and shows the disease's impact on relationships between family members, friends and people in the community.
- “It's not a disgrace, it's dementia”: <https://www.youtube.com/playlist?list=PLAwhBH-4GO5iKAMS5wIMSFsuncvoBYuRM>
Short video (15-20 minutes) in several languages (Arabic, Assyrian, Cambodian, Croatian, Hindi, Italian, Mandarin, Portuguese, Serbian, Spanish, Ukranian and Vietnamese) produced by Dementia Australia
Dementia Australia 製作的短片
Vídeo curto feito por Dementia Australia
Video corto realizado por Dementia Australia
Video ngắn do Dementia Australia thực hiện

Arabic - وصمةٌ، ولكنه الخرف"

Mandarin - 这是痴呆症.....没有什么丢人的。

Portuguese - Não é uma desgraça... é Demência.

Spanish - No es una desgracia... es demencia.

Vietnamese - Không phải là điều xấu hổ. Chỉ là bị sa sút trí tuệ thôi

- Culture Change Network of Georgia in partnership with The Gerontology Institute at Georgia State University, short videos about dementia in English (auto-translated captions available in many languages):

https://www.youtube.com/playlist?list=PLXNnxuyRI8NRlk_L_rCvByNvuEqQvyfrc

RESEARCH ON DISPARITIES

差異研究

PESQUISA SOBRE DISPARIDADES

INVESTIGACIÓN SOBRE DISPARIDADES

NGHIÊN CỨU VỀ TAI BIẾN

- Press Briefing: Impact of Racism on Long-Term Memory and Cognition Update on disparities research, Alzheimer's Association International Conference (AAIC) 2022. Hear updates from several researchers, focusing on Black/African American and Latino/x/Hispanic communities: https://www.youtube.com/watch?v=y_AUqI3805M

This Press Release shows some of the findings:

<https://aaic.alz.org/downloads2022/Racism-and-Cognition-NewsRelease-AAIC2022.pdf>

- Medical Apartheid: The dark history of medical experimentation on Black Americans from Colonial times to the present, by Harriet A. Washington, 2006.
Award-winning chronology of medical abuses against Black Americans.
- Flatt, JD, Cicero, EC, Lambrou, NH, et al. Subjective cognitive decline higher among sexual and gender minorities in the United States, 2015–2018. *Alzheimer's Dement.* 2021; 7:e12197. <https://doi.org/10.1002/trc2.12197>
- Manly, Jennifer, Glymour, M. 2021/10/04. What the Aducanumab Approval Reveals About Alzheimer Disease Research. 10.1001/jamaneurol.2021.3404. *JAMA Neurology*

- Nianogo RA, Rosenwohl-Mack A, Yaffe K, Carrasco A, Hoffmann CM, Barnes DE. Risk Factors Associated With Alzheimer Disease and Related Dementias by Sex and Race and Ethnicity in the US. *JAMA Neurol.* 2022;79(6):584–591. doi:10.1001/jamaneurol.2022.0976 See a summary here: <https://www.beingpatient.com/alzheimers-risk-factor/>
- Rajan, KB, Weuve, J, Barnes, LL, et al. Population estimate of people with clinical Alzheimer's disease and mild cognitive impairment in the United States (2020–2060). *Alzheimer's Dement.* 2021; 17: 1966– 1975.
- “Landmark Study Finds Dementia Risk Varies Significantly Among Racial And Ethnic Groups”: <https://www.ucsf.edu/news/2016/02/401576/landmark-study-finds-dementia-risk-varies-significantly-among-racial-and-ethnic>
- Mayeda ER, Glymour MM, Quesenberry CP Jr, Whitmer RA. Heterogeneity in 14-year Dementia Incidence Between Asian American Subgroups. *Alzheimer Dis Assoc Disord.* 2017 Jul-Sep;31(3):181-186. doi: 10.1097/WAD.000000000000189. PMID: 28406845; PMCID: PMC5568954. Read the abstract here: https://journals.lww.com/alzheimerjournal/Abstract/2017/07000/Heterogeneity_in_14_year_Dementia_Incidence.1.aspx
- “Elders at Risk: New Study Finds Higher Dementia Rates for Natives”: <https://indiancountrytoday.com/archive/elders-at-risk-new-study-finds-higher-dementia-rates-for-natives-3spFys3TEkOOS-tZ6HjxDA>
- “Why are Black Americans twice as likely to have Alzheimer’s or other dementias as white Americans: New research into a ‘silent epidemic’ suggests experiencing racism may damage the brain,” Boston Globe Magazine, October 29, 2020 <https://www.bostonglobe.com/2020/10/29/magazine/why-are-black-americans-twice-likely-have-alzheimers-or-other-dementias-white-americans/>

TECHNICAL ASSISTANCE AND INFORMATION FOR PEOPLE WHO ARE RUNNING INITIATIVES

為發起倡議的人提供技術援助和信息

ASSISTÊNCIA TÉCNICA E INFORMAÇÃO PARA PESSOAS QUE ESTÃO REALIZANDO INICIATIVAS

ASISTENCIA TÉCNICA E INFORMACIÓN PARA PERSONAS QUE ESTÁN EJECUTANDO INICIATIVAS

HỖ TRỢ KỸ THUẬT VÀ THÔNG TIN CHO NHỮNG NGƯỜI CHẠY BỘ BỆNH NHÂN

- Federal grants for community dementia initiatives: <https://acl.gov/grants/alzheimers-disease-programs-initiative-grants-states-and-communities>
- CDC, Healthy Brain Initiative: <https://www.cdc.gov/aging/healthybrain/roadmap.htm>
- Don't Forget I'm Human Toolkit on stopping dementia stigma, from the STRiDE project (STRiDE project ([Strengthening Responses to Dementia in Low and Middle-Income countries](#))). Developed by people living with dementia, carers, advocates and researchers in the UK, Brazil, India, Indonesia, Kenya, Jamaica, Mexico and South Africa. It includes short video interviews from several countries. The Toolkit is here: <https://stridedementia.turtl.co/story/anti-stigma-toolkit/page/1>
- Family Caregiving in Diverse Communities: Addressing the Needs of Diverse Family Caregivers for Older Adults: <https://diverseelders.org/resource/family-caregiving-in-diverse-communities-addressing-the-needs-of-diverse-family-caregivers-for-older-adults/>
- National Asian Pacific Center on Aging resource guide: <https://www.napca.org/resource/>
Technical assistance resource center dedicated to building the capacity of long-term service and support systems to equitably serve AAPI older adults and their caregivers.
- National Culturally and Linguistically Appropriate Services (CLAS) Standards in Health and Health Care: <https://thinkculturalhealth.hhs.gov/clas>
- SAGE Advocacy and Services for LGBT Elders - issues brief "LGBT and Dementia": <https://www.sageusa.org/resource-posts/issues-brief-lgbt-and-dementia/>

ORGANIZATIONS

組織

ORGANIZAÇÕES

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CÁC TỔ CHỨC

- Association for Frontotemporal Degeneration (AFTD), the most common form of dementia in people under 60. www.theaftd.org or 866-507-7222 (English and Spanish)
- Alzheimer's Association: <https://www.alz.org/> or in Massachusetts/New Hampshire: alz.org/manh Over 200 languages.
- Alzheimer's Disease International: <https://www.alz.co.uk/>
- Alzheimer's Los Angeles: <https://www.alzheimersla.org/>
- Alter, to inspire and equip faith-based organizations anchored in African America communities - <https://alterdementia.com/our-team/>
- Balm in Gilead, National Brain Health Center for African Americans - Memory Sunday: <http://brainhealthcenterforafricanamericans.org/memory-sunday-2/> ; Memory Sunday New England: <https://www.madrc.org/memory-sunday-2020>
- Center for Brain Health Equity - <https://www.usagainstalzheimer.org/center-brain-health-equity> ; Brain Health Equity Nurse Fellowship: <https://www.usagainstalzheimer.org/brain-health-equity-nurse-fellowship>
- Community Access, Research and Engagement (CARE) Research Center: <https://www.massgeneral.org/research/division-clinical-research/centers-units-and-faculty/care>
- Dementia Action Alliance: <https://daanow.org/>
- Dementia Friends USA: <https://www.dementiafriendsusa.org/>
- Dementia Friends Massachusetts: <https://www.dementiafriendsma.org/>
- Dementia Friendly America: <https://www.dfamerica.org/>
- Dementia Friendly Massachusetts: <https://dfmassachusetts.org/>
- Diverse Elders Coalition: <https://www.diverseelders.org/>
- Forget Me Not: <https://www.fmnproject.org/>
- Global Council on Brain Health, Boosters for Joy, arts programs: https://www.aarp.org/content/dam/aarp/health/brain_health/2021/11/gcbh-social-isolation-report-english.doi.10.26419-2Fpia.00105.001.pdf
- Lewy Body Dementia Association: <https://www.lbda.org/> Lewy Line hotline: 800-539-9767
- LGBTQIA+ Aging Project: <https://fenwayhealth.org/the-fenway-institute/lgbtqia-aging-project/>
- Lorenzo's House – support for individuals and families affected by younger onset demetnia: <https://lorenzoshouse.org/>

- Memory Cafés: Massachusetts - www.jfcsboston.org/MemoryCafeDirectory; National - <https://www.memorycafedirectory.com/cafe-connect/>
- Mind and Memory Matters Wisconsin
- National Caucus and Center on Black Aging (NCBA) - <https://ncba-aging.org/> or 202-637-8400
- National Hispanic Council on Aging (NHCOA) - <https://nhcoa.org/> or 800-347-9733
- National Indian Council On Aging (NICOA) - <https://www.nicoa.org/> or 505-292-2001
- National Task Group on Intellectual Disabilities and Dementia Practices - <https://www.the-ntg.org/>
- Portuguese:
 - Associação Brasileira de Alzheimer, Brasil: alz.org.br
 - Alzheimer Portugal: <http://alzheimerportugal.org/pt/cuidar>
 - Guia Prático do Cuidador, Brasil: http://bvsmms.saude.gov.br/bvs/publicacoes/guia_pratico_cuidador.pdf
- SAGE, Advocacy and Services for LGBTQ+ elders - <https://www.sageusa.org/> or 877-360-5428
- UsAgainstAlzheimer's: <https://www.usagainstalzheimer.org/>
 - AfricanAmericansAgainstAlzheimer's: <https://www.usagainstalzheimer.org/networks/african-americans>
 - Center for Brain Health Equity: <https://www.usagainstalzheimer.org/center-brain-health-equity>
 - ClergyAgainstAlzheimer's: <https://www.usagainstalzheimer.org/networks/faith>
 - LatinosAgainstAlzheimer's: <https://www.usagainstalzheimer.org/networks/latinos>
 - WomenAgainstAlzheimer's: <https://www.usagainstalzheimer.org/networks/women>
 - VeteransAgainstAlzheimer's: <https://www.usagainstalzheimer.org/networks/veterans>

LEARN MORE ABOUT OUR SPEAKERS' ORGANIZATIONS

詳細了解我們的演講者組織

SAIBA MAIS SOBRE AS ORGANIZAÇÕES DE NOSSOS ORADORES

MÁS INFORMACIÓN SOBRE LAS ORGANIZACIONES DE NUESTRAS ALTAVOCES

TÌM HIỂU THÊM VỀ CÁC TỔ CHỨC CỦA LOA CỦA CHÚNG TÔI

- Greater Boston Chinese Golden Age Center: <https://www.gbcbgac.org/>

- Inquilinos Boricuas en Accion (IBA): <https://www.ibaboston.org/>
- Latino Health Insurance Program: <https://lhiprogram.org/>
- National Task Group on Intellectual Disabilities and Dementia Practices - <https://www.the-ntg.org/>
- 2Life Communities: <https://www.2lifecommunities.org/>
- Rounding the Bases: <https://www.facebook.com/RoundingTheBases/>
- Southeast Asian Coalition of Central Massachusetts: <http://www.seacma.org/>

Thank you for sharing resources so that we can all learn together!

感謝分享資源，讓大家一起學習！

Obrigado por compartilhar recursos para que todos possamos aprender juntos!

Cảm ơn bạn đã chia sẻ tài nguyên để tất cả chúng ta có thể cùng nhau học hỏi!

¡Gracias por compartir recursos para que todos podamos aprender juntos!

Contact information: Beth Soltzberg, bsoltzberg@jfcsboston.org