

# GROUPS FOR PARENTS & BABIES

The Center for Early Relationship Support®

Our FREE support groups for parents and babies (birth to age 1\*) provide nurturing spaces for parents with their babies to give and receive support, ask questions and to begin building a parent community. All CERS groups and services are non-sectarian and open to all parents in the community.



## Virtual Parent Groups

### Boston Area Virtual Group

*This group is currently on hiatus.*

### Fragile Beginnings

*Connect with other parents of preemies and medically fragile babies from birth to age 2.*

Thursdays, 10:30 – 11:30 a.m.

### New Adoptive Parents

*Come share the unique experiences of parenting a child through adoption.*

1st and 3rd Fridays of the month  
11:30 a.m. – 12:30 p.m.

### Parents of Toddlers

*Connect with other parents with children from age 1 to 4 years old.*

Wednesdays, 1:00 – 2:00 p.m.

### Spanish-Speaking Parents

*This group is currently on hiatus.*

## In-Person Parent Groups

### Arlington

Fridays, 10:00 – 11:30 a.m.  
Calvary United Methodist Church  
300 Massachusetts Ave, Arlington

### Brookline

Tuesdays, 10:00 – 11:30 a.m.  
Temple Ohabei Shalom  
1187 Beacon Street, Brookline

### Jamaica Plain

Wednesdays, 1:30 – 3:00 p.m.  
Jamaica Plain Branch,  
Boston Public Library,  
Community Room  
30 South Street, Jamaica Plain

### Sharon

Fridays, 10:00 – 11:30 a.m.  
Temple Israel of Sharon  
125 Pond Street, Sharon

### Watertown

Fridays, 9:00 – 10:30 a.m.  
The Parker Annex- Space 1E  
124 Watertown Street, Watertown

### Wayland

Thursdays, 10:30 a.m. – 12 p.m.  
Temple Shir Tikva  
141 Boston Post Road, Wayland



For more information, please contact Leslie Pucker at [lpucker@jfcsboston.org](mailto:lpucker@jfcsboston.org).

\*Some age exceptions apply. Please see descriptions for each group.

Stay connected to hear about scheduling changes, cancellations, and other information: [www.jfcsboston.org/ParentsGroups](http://www.jfcsboston.org/ParentsGroups)