

GROUPS FOR PARENTS & BABIES

The Center for Early Relationship Support®

Our FREE support groups for parents and babies (birth to age 1*) provide nurturing spaces for parents with their babies to give and receive support, ask questions and to begin building a parent community. All CERS groups and services are non-sectarian and open to all parents in the community.



Virtual Parent Groups

Boston Area Virtual Group

This group is currently on hiatus.

Fragile Beginnings

Connect with other parents of preemies and medically fragile babies (birth to age 2).

Thursdays, 10:30 – 11:30 a.m.

New Adoptive Parents

Come share the unique experiences of parenting a child through adoption.

1st and 3rd Fridays of the month
11:30 a.m. – 12:30 p.m.

Parents of Toddlers

Connect with other parents with children from age 1 to 4 years old.

Wednesdays, 1:00 – 2:00 p.m.

Pregnancy Support Group

For expectant parents to give and receive support and begin building a parent community.

Thursdays, 12:00 – 1:00 p.m.

Spanish-Speaking Parents

This group is currently on hiatus.

In-Person Parent Groups

Arlington

Fridays, 10:00 – 11:30 a.m.

Calvary United Methodist Church
300 Massachusetts Ave, Arlington

Brookline

Tuesdays, 10:00 – 11:30 a.m.

Temple Ohabei Shalom
1187 Beacon Street, Brookline

Jamaica Plain

Wednesdays, 1:30 – 3:00 p.m.

Jamaica Plain Branch,
Boston Public Library,
Community Room
30 South Street, Jamaica Plain

Sharon

Fridays, 10:00 – 11:30 a.m.

Temple Israel of Sharon
125 Pond Street, Sharon

Watertown

Fridays, 9:00 – 10:30 a.m.

The Parker Annex- Space 1E
124 Watertown Street,
Watertown



For more information, please contact Leslie Pucker at lpucker@jfcsboston.org.

*Some age exceptions apply. Please see descriptions for each group.

Stay connected to hear about scheduling changes, cancellations, and other information: www.jfcsboston.org/ParentsGroups