

GROUPS FOR PARENTS & BABIES

The Center for Early Relationship Support®

Our FREE support groups for parents and babies (birth to age 1*) provide nurturing spaces for parents with their babies to give and receive support, ask questions and to begin building a parent community. All CERS groups and services are non-sectarian and open to all parents in the community.



Virtual Parent Groups

Boston Area Virtual Group

This group is currently on hiatus.

Fragile Beginnings

Connect with other parents of preemies and medically fragile babies from birth to age 2.
Thursdays, 10:30 – 11:30 a.m.

New Adoptive Parents

Come share the unique experiences of parenting a child through adoption.
1st and 3rd Fridays of the month
11:30 a.m. – 12:30 p.m.

Parents of Toddlers

Connect with other parents with children from age 1 to 4 years old.
Wednesdays, 1:00 – 2:00 p.m.

Spanish-Speaking Parents

Connect with other expectant parents and parent with babies from birth to 18 months.
Fridays, 11:00 a.m. – 12:00 p.m.

In-Person Parent Groups

Arlington

Fridays, 10:00 – 11:30 a.m.
Calvary United Methodist Church
300 Massachusetts Ave, Arlington

Brookline

Tuesdays, 10:00 – 11:30 a.m.
Temple Ohabei Shalom
1187 Beacon Street, Brookline

Jamaica Plain

Wednesdays, 1:30 – 3:00 p.m.
Jamaica Plain Branch,
Boston Public Library,
Community Room
30 South Street, Jamaica Plain

Sharon

Fridays, 10:00 – 11:30 a.m.
Temple Israel of Sharon
125 Pond Street, Sharon

Watertown

Wednesdays, 1:00 – 2:15 p.m.
The Parker Annex- Space 1E
124 Watertown Street, Watertown

Wayland

Thursdays, 10:30 a.m. – 12 p.m.
Temple Shir Tikva
141 Boston Post Road, Wayland



For more information, please
contact Leslie Pucker at
lpucker@jfcsboston.org.

*Some age exceptions apply. Please see descriptions for each group.

Stay connected to hear about scheduling changes, cancellations, and other information: www.jfcsboston.org/ParentsGroups