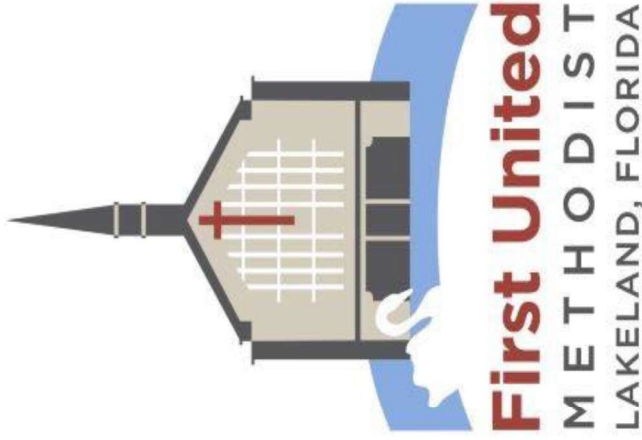




Memory Ministry

First United Methodist Church of
Lakeland, Florida

Connecting friends, family and faith!

Vicky Pitner, CTRS, CDP, Memory Ministry Coordinator



Connections
A Memory Ministry

Memory Ministry Since 2018

Utilizing a holistic approach to overall wellness, we address the spiritual, physical, social, expressive, and cognitive needs of each individual and provide opportunities for engagement, education and family coaching.

Memory Ministry provides

Coaching for families and friends

Educational/Awareness of memory loss, dementia and Alzheimer's disease

Zoom trainings for caregivers

Memory Café

On hold: Connections: Social Respite Program for those living with memory loss

Family drum circles





Connections Respite Program

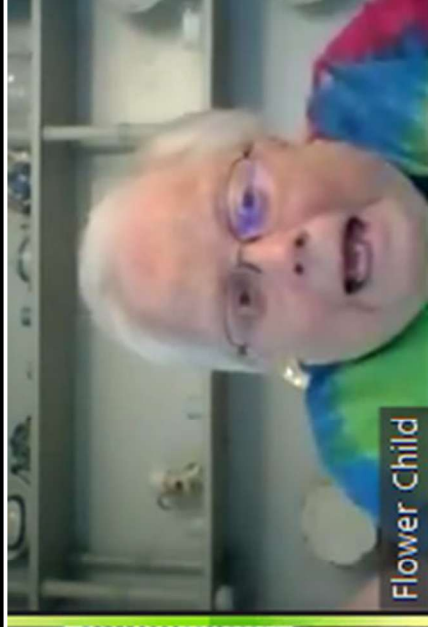
2018 - 2020



Bag Judy



Tricky Vicky



Flower Child



Bill Worker



Cowgirl Caela



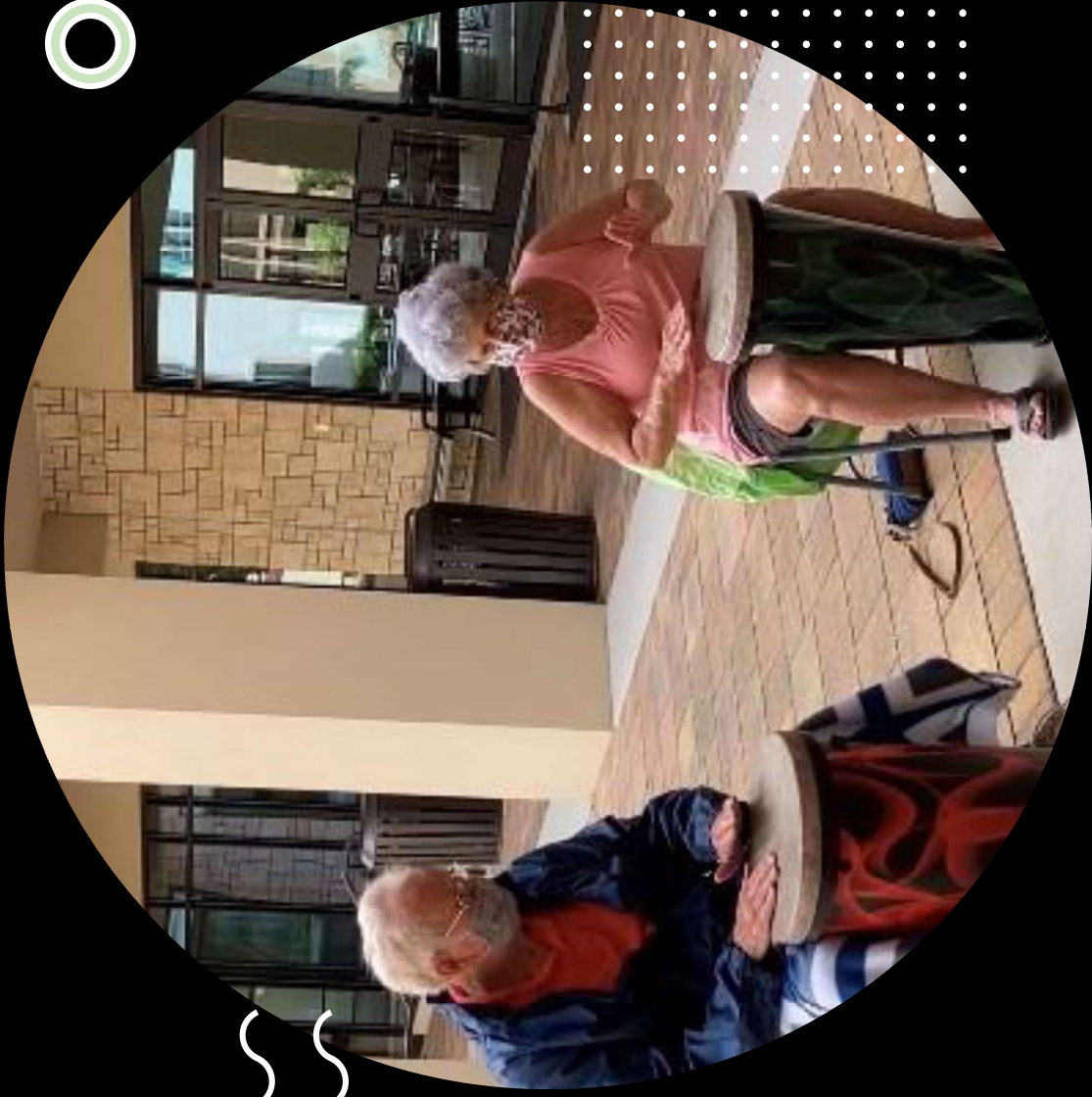
Spooky Lucy

Weekly Zoom Groups 2020 - 2022

Families became
actively engaged



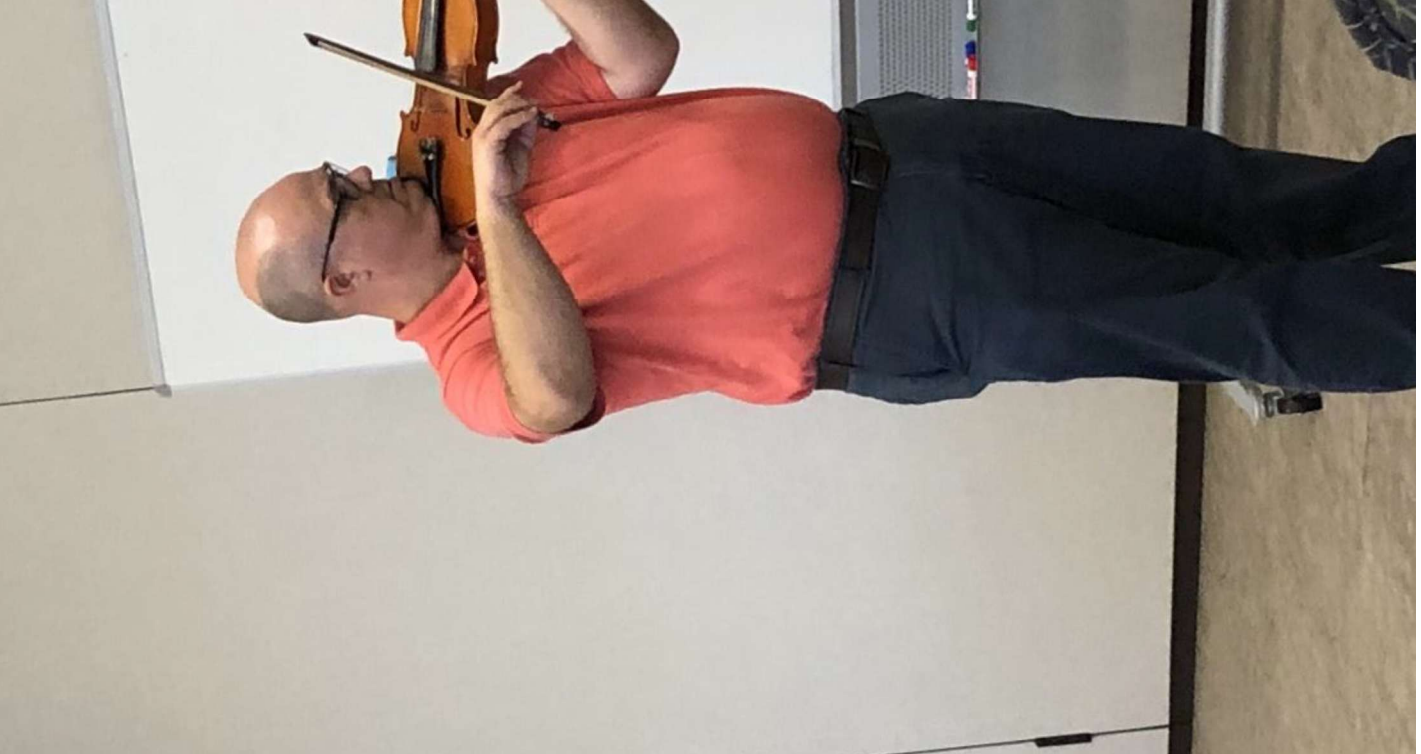
November 2022



Five minutes of fame!

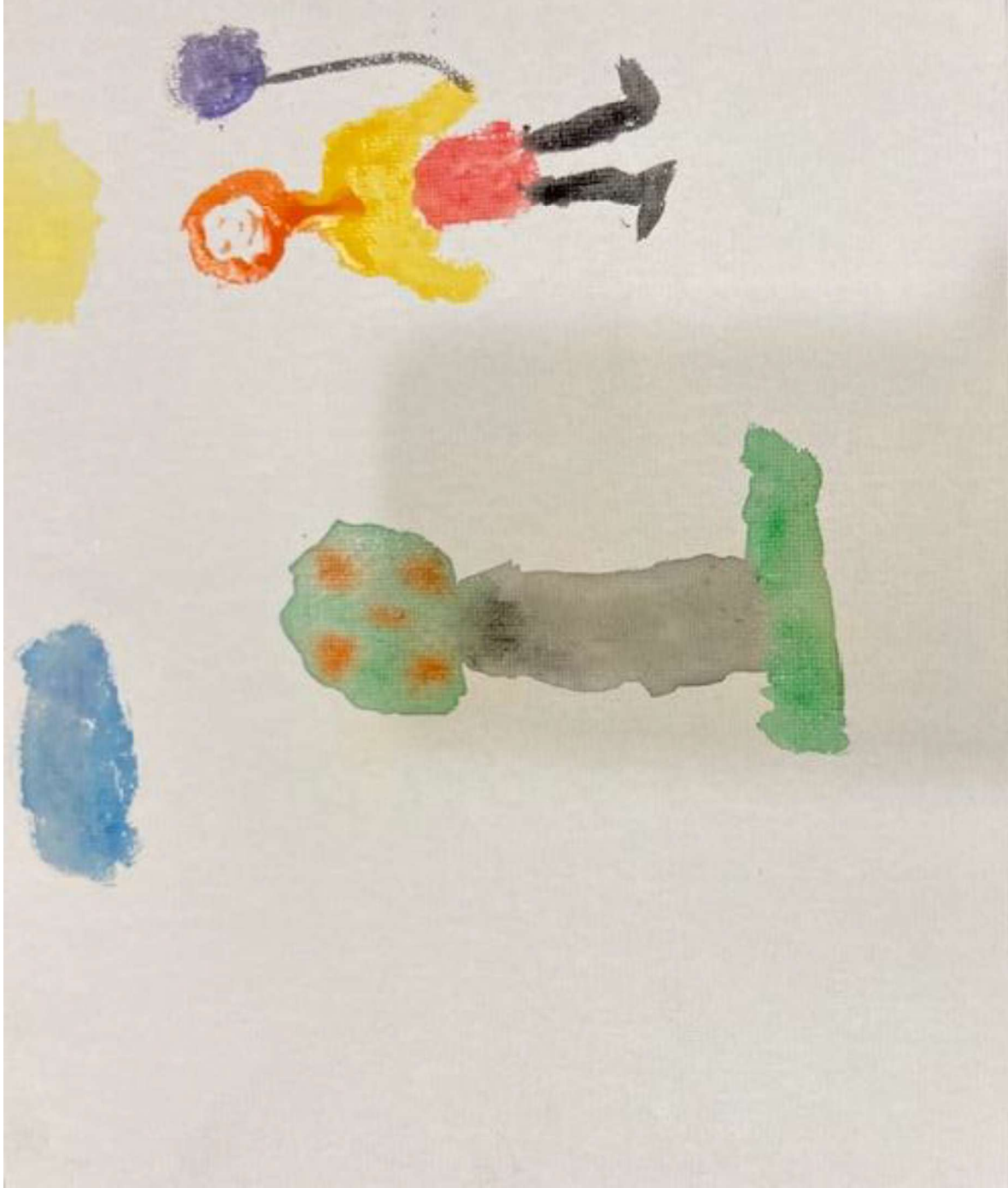






Collaborate with other ministries

feel my
et don't
ouch the
round
nymore"





Join us! Monday Morning Memory Café!

Connecting friends, family and
faith!



Who is the Café for? Anyone
living with **memory challenges**
and a family member

Purpose? To socialize, build on
strengths and have fun with
friends!!

Mondays from: 10:00am -11:30am

Where? Wesley Center Room 201B



Bringing families
together for shared
joyful experiences!

- Facebook at Connections: A Memory Ministry
- Collaboration with Florida State University
- Volunteer recruitment and trainings
- Collaboration with other departments
- Networking with other churches



Giving back!

ocializing with
friends!

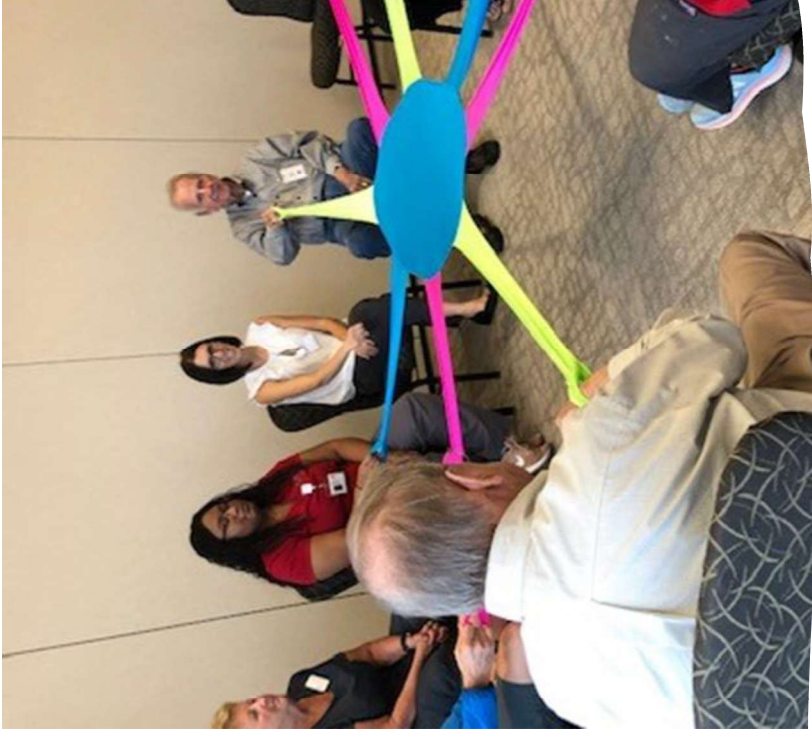
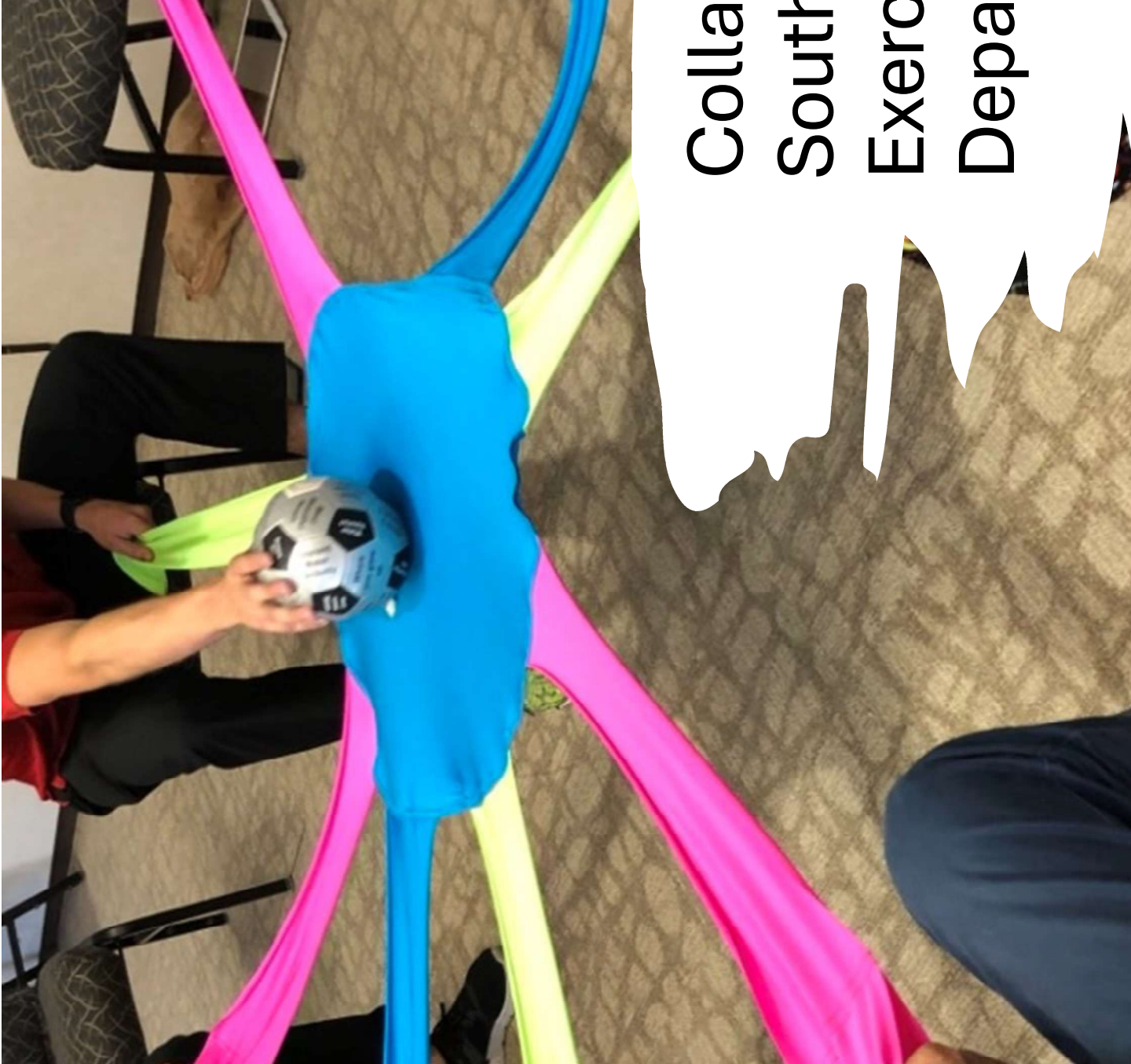




Cognitive
Stimulation

Let's get physical!

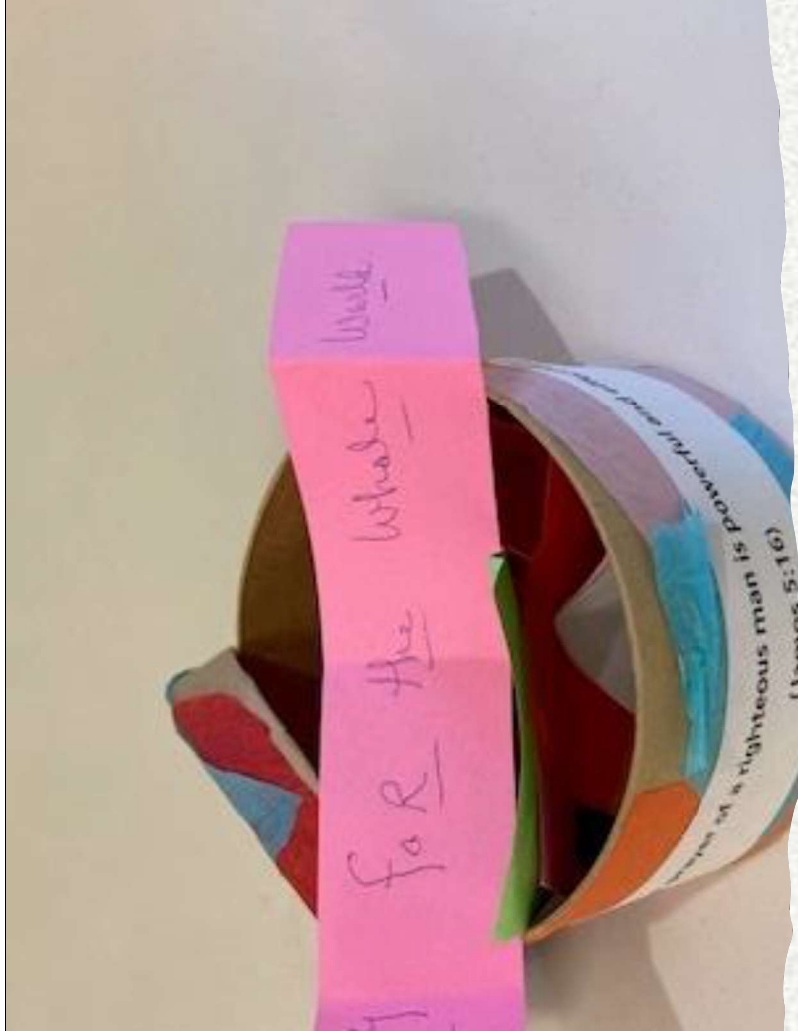




Collaboration with Florida
Southern College
Exercise Science
Department



taying strong!



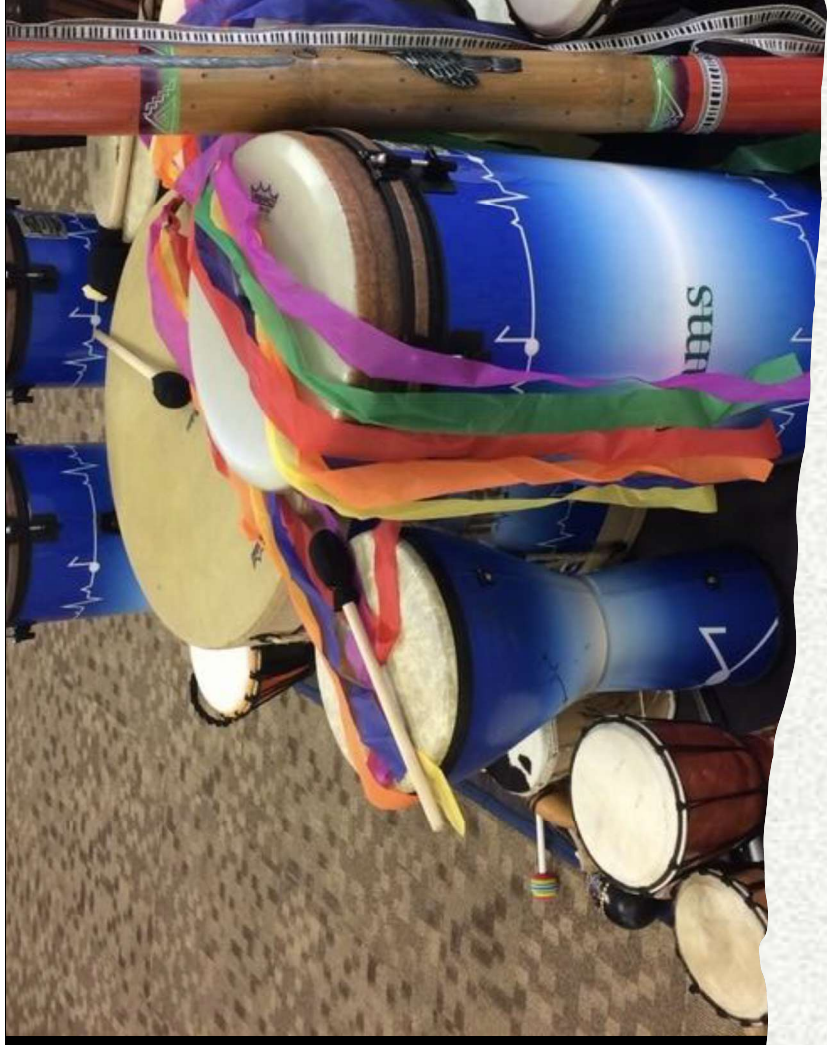
Addressing the Spiritual Needs



Zentangling for practicing Mindfulness

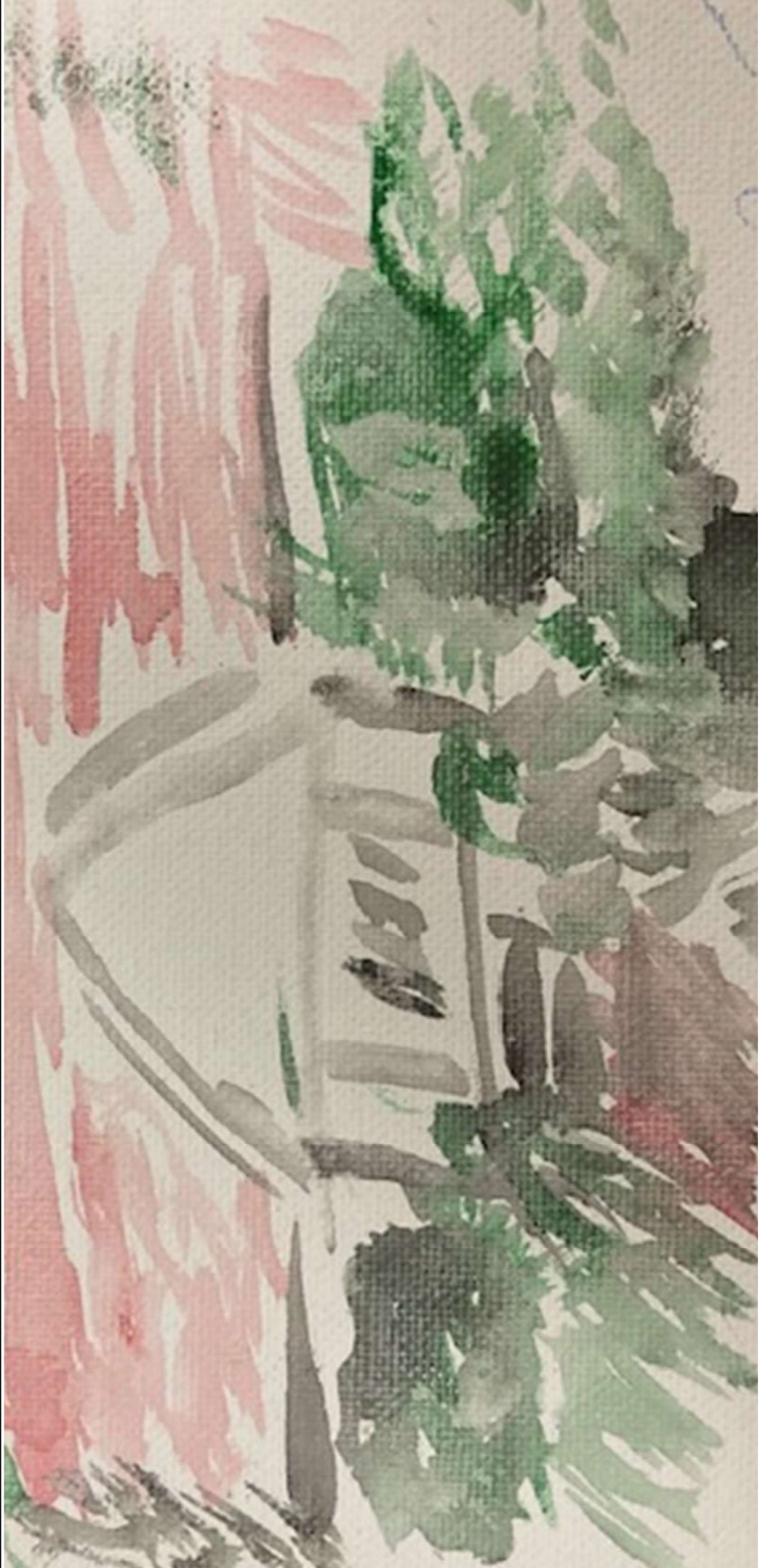


Express
yourself!



The Magic of Music Making!

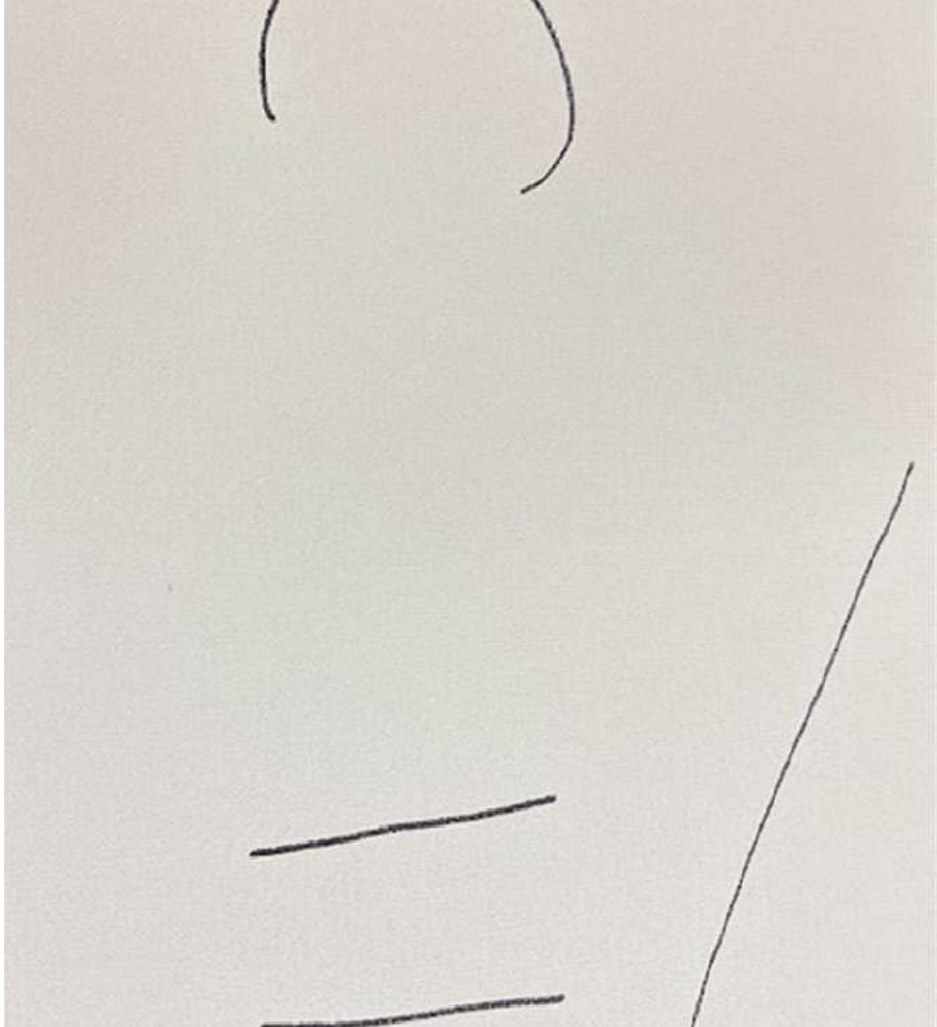




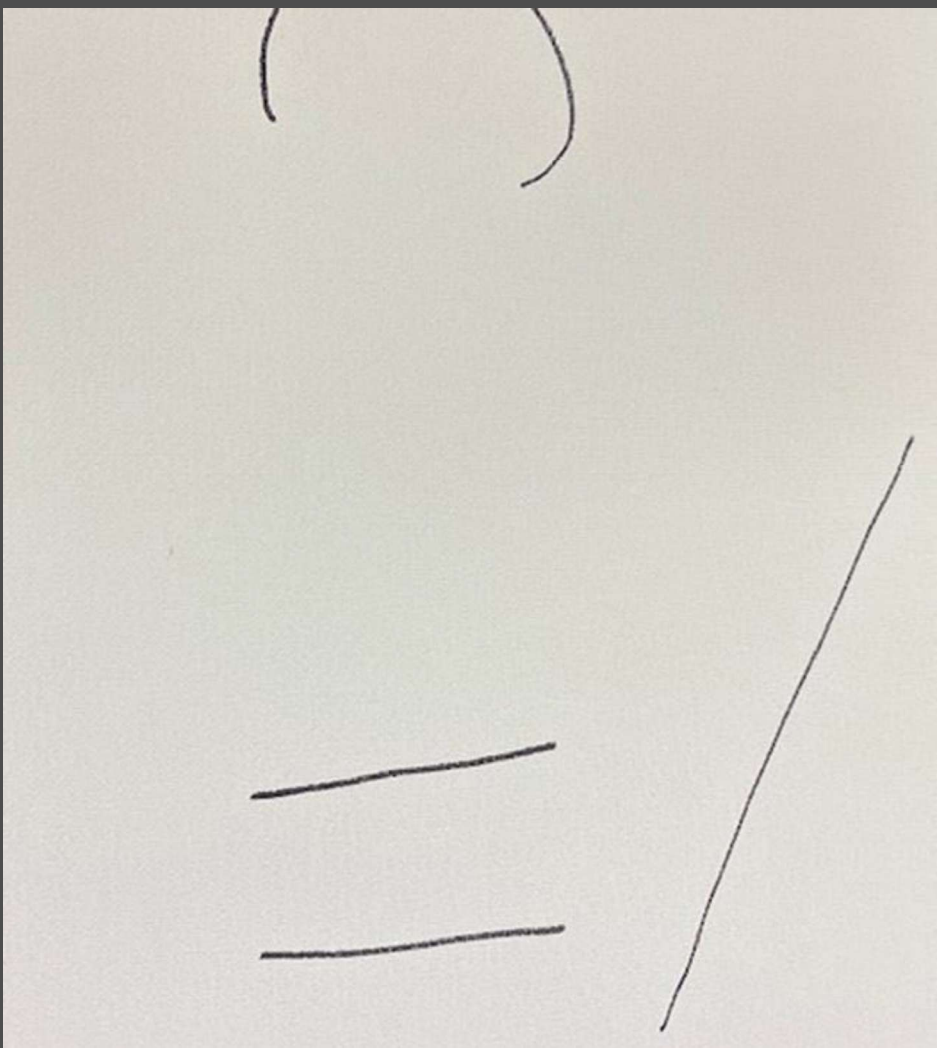
“My childhood home”

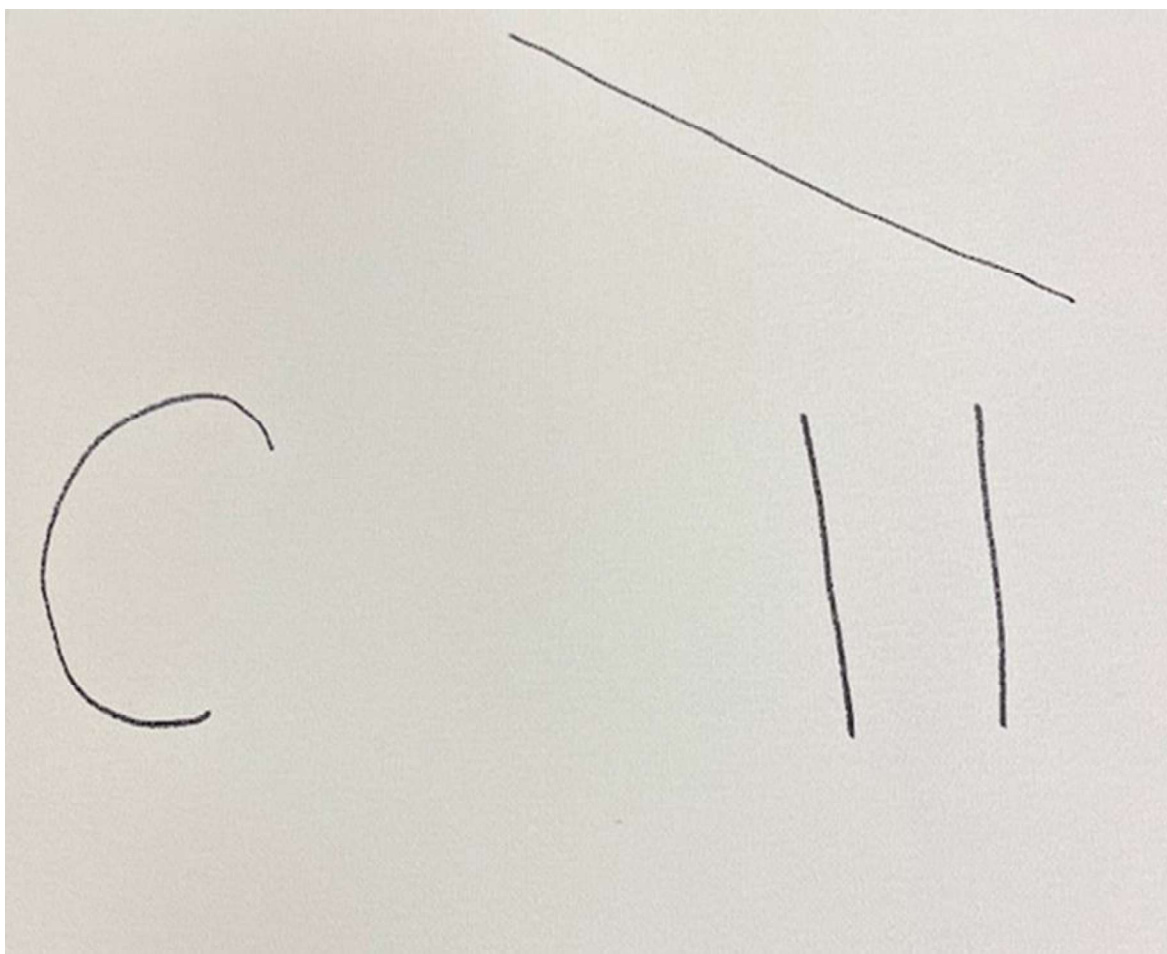


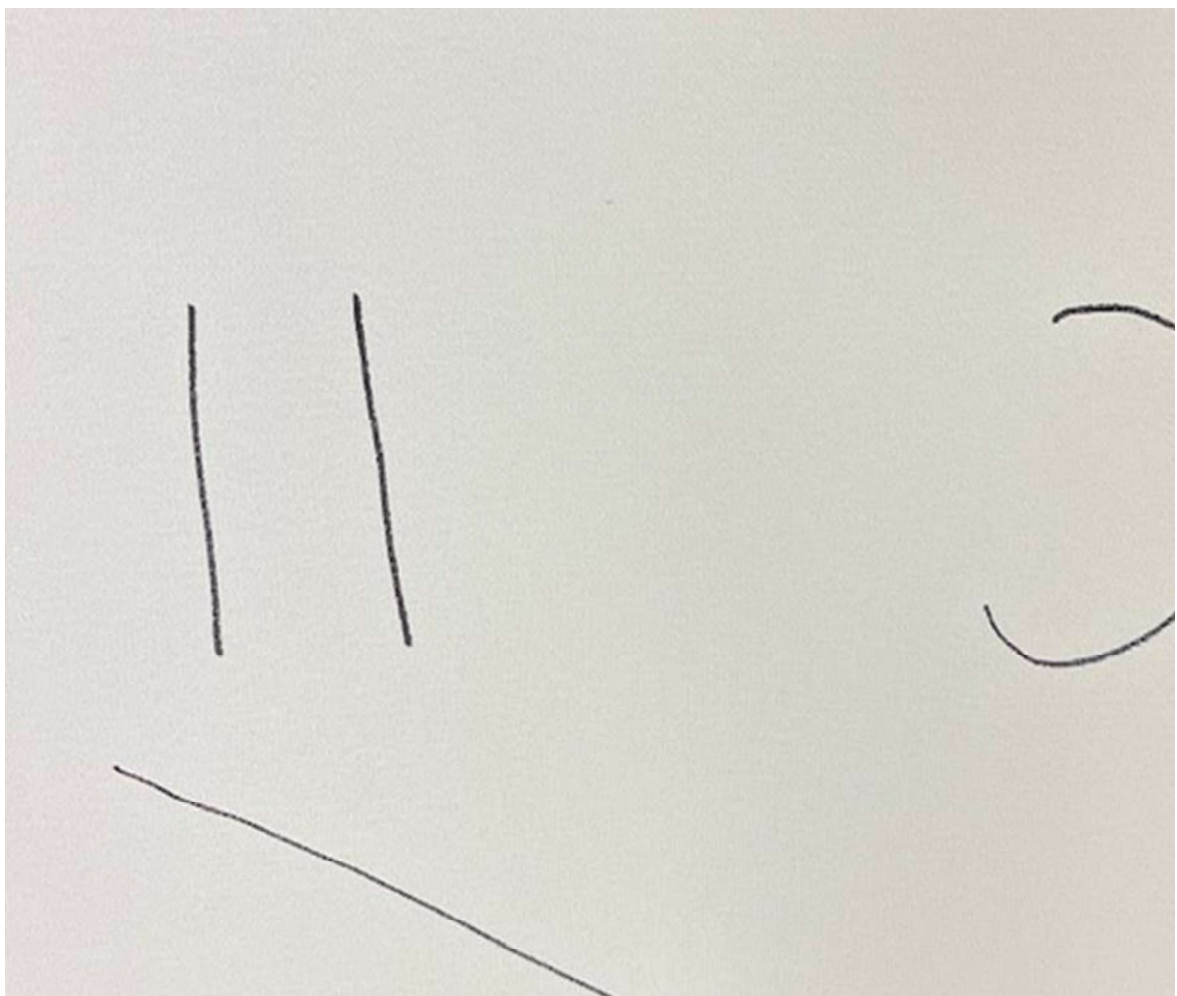




he imagination lasts a lifetime!







Problem Solving Skills



Building confidence!



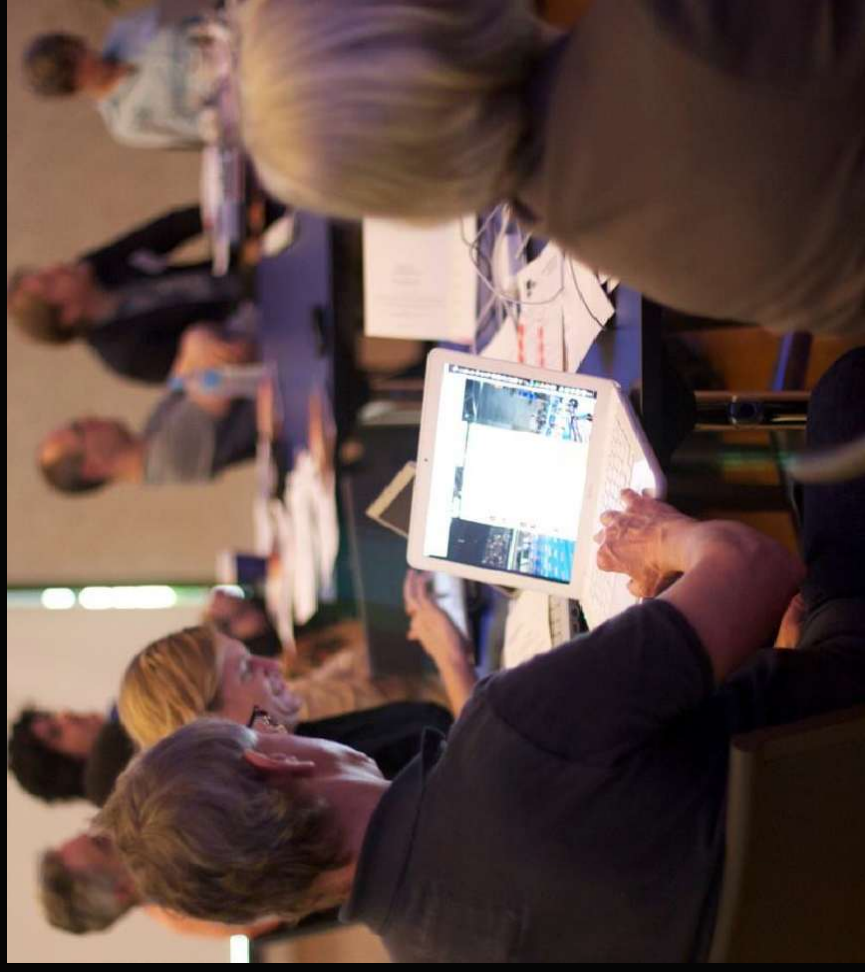
Water Pong! The Importance of Hydration!

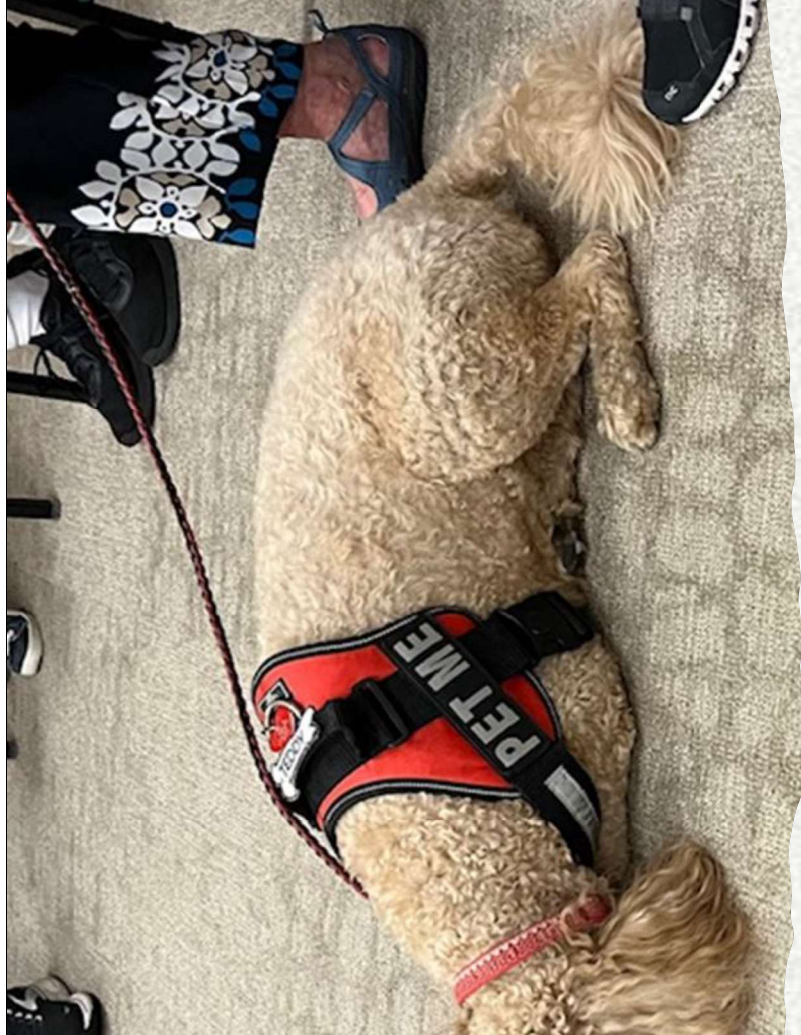


Family and Friends Workshops Summer Series

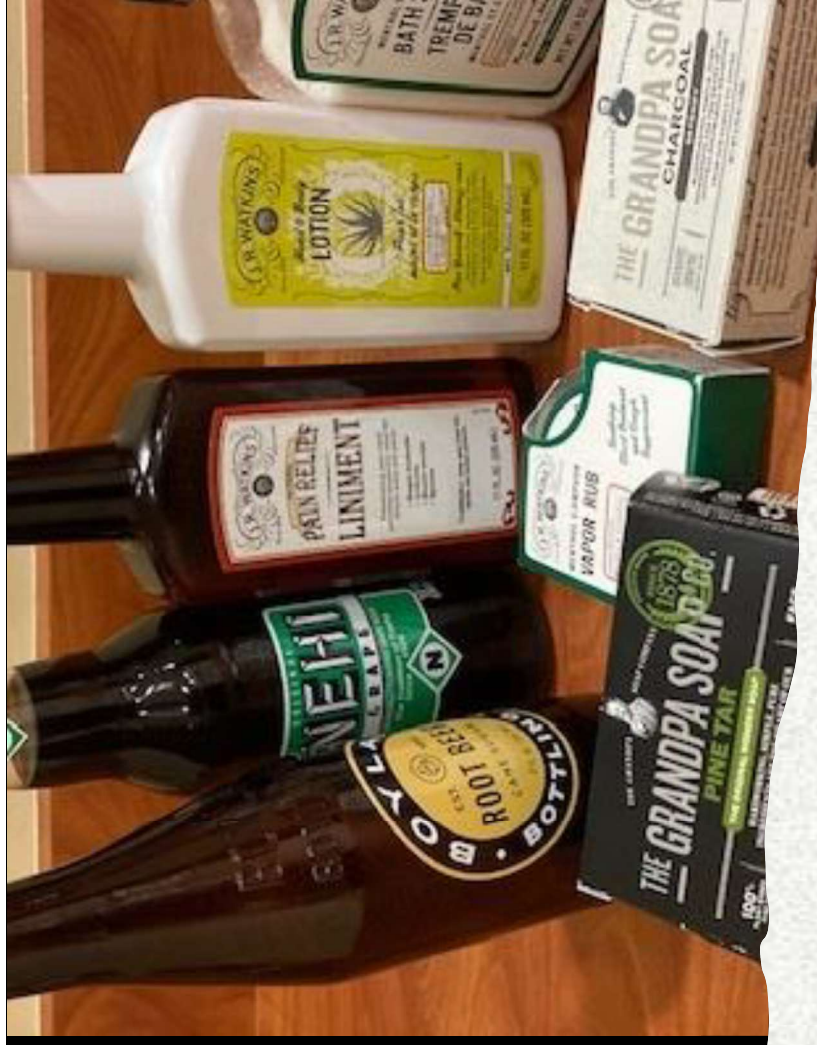
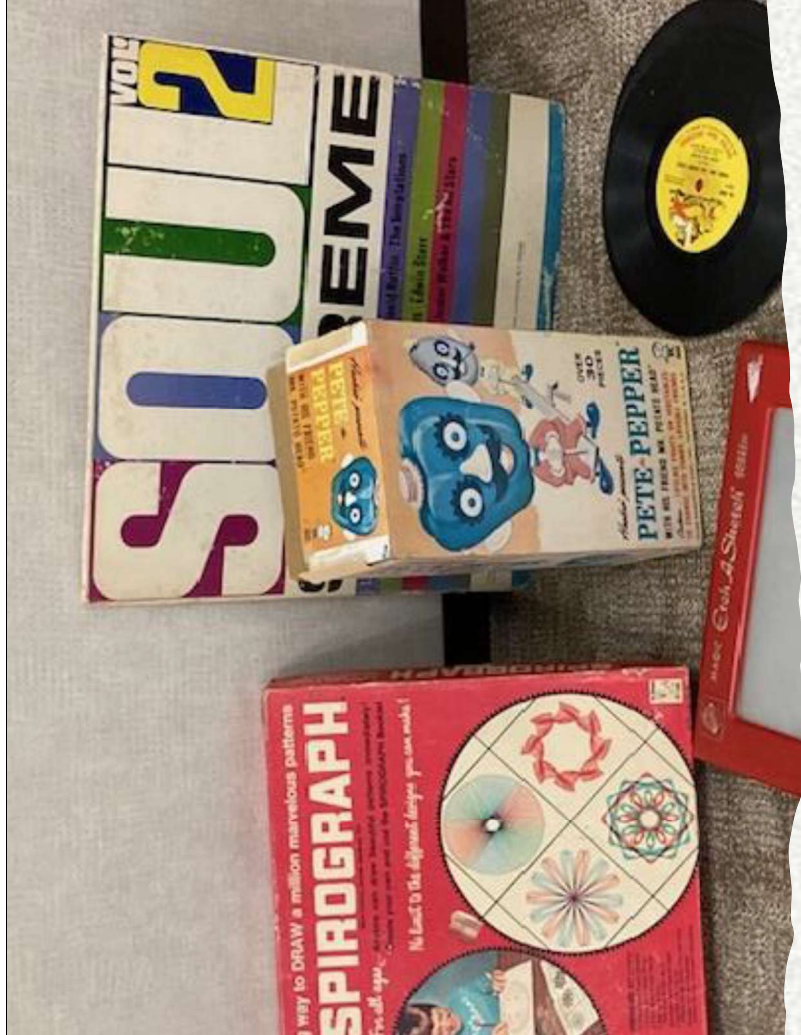
What's in Your Communication Tool Box?

The Umbrella of Dementia





Teddy the Wonder Dog! Thank you
Claudia!



The Power of Reminiscence to fostering memories!



FAMILY AND FRIENDS WHO SUPPORT SOMEONE LIVING WITH DEMENTIA

Our Family and Friends Workshops are always free and created for families and friends supporting someone living with dementia and not designed for healthcare staff. For us to provide a safe environment to address specific questions, our workshops are not designed for someone experiencing memory loss, as it can be confusing and upsetting to the person.

All workshops are facilitated by Vicky Pitner, CDP and Memory Ministry Coordinator at First United Methodist Church of Lakeland, FL.

To register, please go to the events page on our website or call the church office: 863-866-3163. For questions, or more information on our Memory Ministry, please email Vicky Pitner at vpitner@firstumc.org or call 863-866-3163 ext. 275

WHAT IS IN YOUR COMMUNICATION TOOLBOX? ENGAGING IN MEANINGFUL CONVERSATIONS

When supporting someone living with dementia, even the simplest conversations can quickly result in a major conflict when we do not understand how memory loss or other dementia related symptoms affect the person's ability to process information and express thoughts and ideas.

With a simple tweak in our speech, interactions with your family member or friend will become more meaningful and pleasant. Taking the initiative to create positive interactions is empowering and fosters more shared moments of joy. Join me in this fun and informative workshop!

When: Thursday, June 26, 2025

Time: 10:00am to 11:30am

Where: First United Methodist Church, 72 Lake Morton Dr., Lakeland, FL, Parlor

THE UMBRELLA OF DEMENTIA

A diagnosis of dementia can be confusing and overwhelming to the person and to their family and friends. We will discuss the difference between dementia and Alzheimer's disease as well as addressing other types of dementia such as frontotemporal dementia, and vascular dementia, Lewy body dementia, early-onset Alzheimer's disease.

Understanding the differences in the types of dementia is important when developing support strategies. Whether your family member or friend has a diagnosis, or you are seeking information for a cognitive screening for a loved-one, this workshop will provide a safe place to ask specific questions to your situation.

When: Thursday, July 17, 2025

Time: 10:00am to 11:30am

Where: First United Methodist Church, 72 Lake Morton Dr., Lakeland, FL, Room 201B Wesley Center

Please join us

