

Domestic Abuse is a Jewish Issue

DOES YOUR PARTNER/SPOUSE:

- **Try to isolate you** from family and friends?
- **Exclude you** from decisions?
- **Threaten or hurt you?**
- **Read your private messages?**
- **Control access to money?**
- **Ridicule you?**
- **Track and monitor you?**

DO YOU:

- Feel like you are **walking on eggshells?**
- Feel **disrespected?**
- Feel **trapped?**
- Feel **controlled?**

If you answered yes

to any of these questions, consider reaching out for support.

Calls also welcome from friends, family, clergy and community members.

JF&CS JOURNEY TO SAFETY

781.693.1213

JTS@JFCSBoston.org | www.JFCSBoston.org/JTS

All calls to Journey to Safety are treated with utmost sensitivity to privacy. Free and confidential services available in English and Russian.

SAFELINK

877.785.2020

Massachusetts' statewide
domestic abuse 24/7 hotline