

# Suicide Loss Survivor Support Group

**Have you lost a friend or family member to suicide?  
Do you know someone who is struggling because of a suicide loss?**

Jewish Family & Children's Service (JF&CS) offers a nonsectarian support group for survivors of suicide loss.

Our goal is to provide suicide loss survivors with a safe, supportive and judgement free environment where they can express themselves, find comfort, hope and resources with others confronting the pain and loss of a suicide.

Facilitators have been trained by Samaritans of Boston and bring relevant professional and personal experience in the Jewish community to provide healing support in a safe space.

For more information, please contact Suzanne Offit at [soffit@jfcsboston.org](mailto:soffit@jfcsboston.org) to learn about the group and discuss how we can be of assistance to you.

**Meetings are held  
virtually twice a month  
from 6:30 – 8:00 p.m.**

**There is no cost to attend.**

## About the Facilitators

*Rabbi Suzanne Offit, BCC (Board Certified Chaplain) brings many years of experience as a community rabbi and as a palliative care chaplain in the hospital setting. Rabbi Offit works closely with patients and families in times of crisis offering support, calm, hope and a safe space for reflection and transformation.*

*Nancy R. Smith, MSW, MAJS, BCC had a thirty-five year career as a clinical social worker in a variety of settings including hospitals, community and family agencies, and private practice. She then undertook graduate education and training to become a Jewish chaplain, and worked for the past sixteen years in an acute care teaching hospital, providing spiritual/emotional care and support to patients, families and staff.*