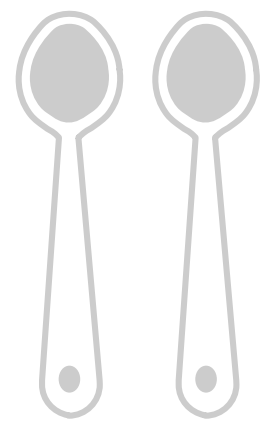


CONVERSION CHART

SUGAR

TRUVIA® LIQUID SWEETENERS



2 TEASPOON

$\frac{1}{4}$

TEASPOON



1 TABLEPOON

$\frac{3}{8}$

TEASPOON
(OR ~1/2TSP)



$\frac{1}{4}$ CUP

$1\frac{1}{2}$

TEASPOONS