

CONVERSION CHART

SUGAR

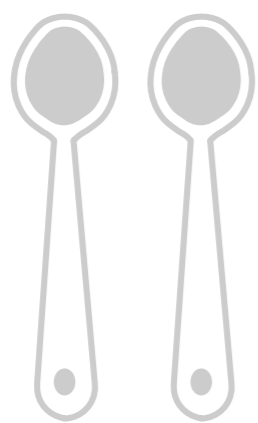
TRUVIA® STEVIA OR MONK FRUIT SWEETENER PACKETS



1 TEASPOON

$\frac{1}{2}$

PACKET



2 TEASPOON

1

PACKET



1 TABLEPOON

$1\frac{1}{2}$

PACKET



$\frac{1}{4}$ CUP

6

PACKETS



$\frac{1}{3}$ CUP

8

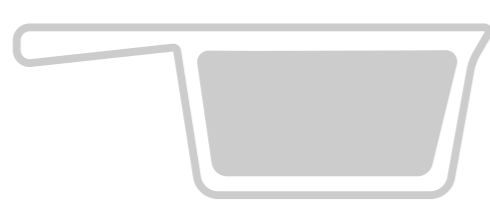
PACKETS



$\frac{1}{2}$ CUP

12

PACKETS



1 CUP

24

PACKETS